## January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2:25 pm ———	2 → 1:00 am	3	4 9:40 am to 10: 55 am	5
6 10:20 pm to 10:50 pm	7	8	9 8:50 am to 11:45 am	10	11 6:25 am	12 12:20 am
13	14 7:55 am to 10:35 am	15	16 10:30 am to 5:00 pm	17	18 5:30 pm to 7:45 pm	19
20 5:50 pm to 7:55 pm	21	22 5:15 pm to 7:25 pm	23	24 5:50 am to 8:05 pm	25	26 9:20 pm to 11:35 pm
27	28 2:35 pm	29 ► 6:35 am	30	31 2:30 pm to 4:50 pm		

RedExternalization CycleBlueInternalization Cycle

## February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 2:50 am to 5:05 am	4	5 3:55 pm to 6:05 pm	6	7 2:10 pm	8 6:30 am	9
10 3:45 pm to 5:30 pm	11	12 3:25 pm	13 1:35 am	14	15 4:45 am to 6:05 am	16
17 6:15 am to 7:25 am	18	19 5:50 am to 6:50 am	20 5:50 pm	21 6:20 am	22	23 7:10 am to 8:00 am
24	25 4:10 am to 1:20 pm	26	27 10:45 pm to 10:50 pm	28		

RedExternalization CycleBlueInternalization Cycle

## **March 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10:45 am to 11:10 am *
3	4	5 12:05 am to 12:15 am *	6	7 11:05 am to 12:30 pm *	8	9 9:10 am
10 <b>DST Begins</b> → 12:10 am <b>****</b>	11	12 2:30 am to8:50 am <b>***</b>	13	14 5:30 am to 2:50 pm <b>***</b>	15	16 11:00 am to 6:00 pm <b>****</b>
17	18 8:15 am to 6:45 pm <b>****</b>	19	20 8:20 am to 6:30 pm <b>****</b>	21	22 11:10 am to 7:20 pm <b>****</b>	23
24 7:20 pm to 11:10 pm *	25	26 7:35 pm ****	27 ▶ 7:10 am <b>***</b>	28	29 5:05 pm to 6:50 pm *	30
31 8:00 pm► <b>***</b>	Null Cycle Ends at 7:45 am on Ap. 1 Externalization Cycle Ends May 4					

Entire Month: Extremely intensified energy; massive storms and flooding. <u>17th through 23rd</u> - Not good for travel or decision-making having long-term effects.

RedExternalization CycleBlueInternalization Cycle

## **April 2019**

Sunday Null Cycle Began at 8:00 pm on March 31 Externalization Cycle Began March 15	Monday 1 → 7:45 am ****	Tuesday 2	Wednesday           3           8:35 am to 7:55 pm           ****           10	Thursday 4	Friday 5 7:15 pm *****	Saturday         6         → 6:10 am         *****
7	8 1:25 am to 2:15 pm ***	9	10 10:25 am to 8:35 pm *****	11	12 4:35 pm ****	13 12:50 am ★****
14 6:35 pm ***	15 3:15 am ★★★★	16 9:25 pm *****	17	18	19 4:15 am to 5:40 am *	20 9:00 pm → *****
21 → 9:00 am *****	22	23 4:40 am to 3:50 pm ***	24	25 12:45 pm *****	26 → 2:30 am *****	27
28 2:40 am to 3:15 pm <b>***</b>	29	30 2:55 pm► <b>***</b>	Null Cycle Ends at 3:25 am on May 1 Externalization Cycle Ends May 4			

**<u>Entire Month</u>**: Continued problems with water and flooding.

11th, 18th, 27th, 29th: Best days this month for significant

communications and to advertise, promote or open new businesses.

RedExternalization CycleBlueInternalization Cycle

# May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Null Cycle Began at 2:55 pm on April 30 Externalization Cycle Began March 15	1 → 3:25 am ***	2	3 1:45 am to 1:20 pm ****	4
5	6	7	8	9	10	11
8:10 am to 8:40 pm *****		4:50 pm ***	► 2:10 am ***	7:05 pm ****	6:15 am <b>****</b>	
12 5:20 am to 9:25 am <b>**</b>	13	14 10:15 am to 11:55 am *	15	16 2:35 am to 2:30 pm **	17	18 2:10 pm to 6:25 pm <b>**</b>
19	20 10:05 am — ****	21 → 1:00 am *****	22 8:55 pm ****	23 10:45 am ****	24	25 5:50 am to 11:10 pm* ****
26	27 9:20 pm ***	28 11:35 am ***	29	30 8:05 am to 9:45 pm *****	31	

RedExternalization CycleBlueInternalization Cycle

### **June 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 3:50 pm → ****
2 → 4:50 am ****	3	4 8:40 am to 9:20 am *	5	6 7:10 am to 12:20 pm **	7	8 2:20 pm to 2:45 pm *
9	10 5:00 am to 5:30 pm ****	11	12 8:15 am to 9:05 pm ****	13	14 12:45 pm	15 ► 2:05 am *
16	17 1:30 am to 9:15 am **	18	19 4:15 am to 7:00 pm <b>**</b>	20	21 7:00 am *****	22 → 7:05 am *****
23	24 4:10 pm to 7:40 pm ***	25	26	27 12:50 am to 6:35 am ****	28	29 11:35 am to 2:10 pm ***
30						

Fire season starts early; more flooding.

A good month to take care of business and to start new projects.

RedExternalization CycleBlueInternalization Cycle

# **July 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2:45 pm to 6:25 pm <b>**</b>	2	3 7:25 am to 8:20 pm ****	4 11:20 pm *****	5 ● 9:25 pm ★★★★★★	6
7 9:50 am to 11:10 pm <b>***</b>	8	9 12:35 pm ****	10 ▶ 2:30 am ★★★★★	11 5:25 pm ****	12 ▶ 8:05 am ★★★★	13 6:30 pm ***
14 → 4:05 pm <b>***</b>	15	16 2:35 pm <b>***</b>	17 → 2:20 am ***	18 8:50 am <b>***</b>	19 → 2:20 pm <b>***</b>	20
21	22 1:30 am to 3:05 am *	23	24 7:45 am to 2:45 pm <b>**</b>	25	26 9:25 pm to 11:30 pm *	27
28 8:20 am *****	29	30 8:30 pm	31 ► 6:20 am ****	Internalization Cycle Ends July 31		

Entire Month: Very erratic energy.

July 9th through 14th: Not good for travel.

RedExternalization CycleBlueInternalization Cycle

## August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				1:45 pm ***	► 6:20 am ***	9:25 pm► ★★★★★
4	5	6	7	8	9	10
▶ 6:30 am <b>****</b>		12:35 am to 8:35 am		7:55 am to 1:35 pm		12:50 pm to 9:50 pm
* * * *		* * *		<u> </u>		*
11	12	13	14	15	16	17
	3:10 pm	► 8:35 am		6:00 pm to 8:50 pm		3:30 pm►
	**	**		*		****
18	19	20	21	22	23	24
→ 9:35 am		9:05 pm to 9:40 pm		2:30 pm		11:55 pm
****		*		****	****	*
25	26	27	28	29	30	31
→ 2:05 pm		1:55 am to 4:55 pm	5:05 pm	-		1:45 am to 4:10 pm
*		*	****	****		****

**Entire Month:** High energy. Excellent time for communication.

Focus is on relationships, communication and resolution of past conflict.

RedExternalization CycleBlueInternalization Cycle

## September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 1:30 am to 4:35 pm ****	3	4 3:55 am to 8:10 pm ****	5	6 9:00 am —— <b>****</b>	7 → 3:40 am ****
9 1:30 am to 2:25 pm ***	10 10:20 pm	11	12 → 2:55 am *****	13 9:30 pm ****	14 → 3:35 pm ****
16 9:00 am	17 → 3:35 am <b>****</b>	18	19 6:55 am to 2:00 pm ***	20	21 7:40 pm to 9:50 pm **
23 3:05 pm ***	24 → 2:20 am ***	25 9:10 am ****	26 → 3:40 am ****	27 9:00 pm ***	28 → 3:05 am ***
30 → 2:45 am ***					
	$ \begin{array}{c} 2 \\ 1:30 \text{ am to } 4:35 \text{ pm} \\                                    $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$

Major focus is on the quest for information; excellent time for offering teaching and bringing learning opportunities.

RedExternalization CycleBlueInternalization Cycle

## October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 2:45 am to 4:45 am	3	4 12:30 am to 10:45 am	5
6 4:25 pm to 8:45 pm <b>**</b>	7	8 11:35 am ****	9 ● 9:05 am ****	10	11 2:55 am to 9:50 pm <b>****</b>	12
13 2:55 pm ****	14 9:25 am ****	15	16 1:35 am to 7:30 pm <b>****</b>	17	18 7:10 pm <b>***</b>	19 → 3:45 am ***
20	21 5:35 am to 9:30 am <b>**</b>	22	23 2:10 am to 12:30 pm <b>***</b>	24	25 5:55 am to 1:20 pm ****	26
27 1:20 am to 1:20 pm <b>***</b>	28	29 10:30 am to 3:00 pm <b>**</b>	30	31 7:25 am to 7:40 pm ****	Internalization Cycle Ends November 20	

October brings a much slower pace. Good time to start holiday shopping. Major focus on parent/child relationships.

RedExternalization CycleBlueInternalization Cycle

### November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday Internalization Cycle Began October 31	Friday 1	Saturday 2 9:45 pm → **
3 <b>DST Ends</b> → 3:20 am **	4	5 6:35 am to 3:10 pm <b>***</b>	6	7 5:10 pm <b>****</b>	8 → 3:50 am ****	9
10 6:00 am to 3:20 pm <b>***</b>	11		13 ↓ 12:50 am <b>****</b> ensified energy. for travel.	14	15 3:40 am to 8:15 am *	16
17 12:10 pm to 2:00 pm *	18	19 1:10 pm to 5:55 pm <b>**</b>	20	21 7:30 pm to 8:20 pm *	22	23 6:45 pm to 10:00 pm <b>**</b>
24		26 ↓ 12:15 am <b>*****</b> nsified energy. for travel.	27	28 2:50 am to 4:35 am *	29 7:55 pm **	30 ▶ 12:15 pm <b>**</b>

**<u>Entire Month</u>** Feelings of being blocked while feeling a sense of urgency.

RedExternalization CycleBlueInternalization Cycle

#### December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:25 am to 11:10 pm *****	3	4	5 12:10 am to 11:45 am <b>***</b>	6	7 9:00 am to11:30 pm <b>****</b>
8	9 5:10 pm ****	10 ▶ 8:50 am ★***	11 9:10 pm ***	12 → 3:25 pm ***	13	14 7:55 am to 8:00 pm ****
15	16 2:10 pm to 11:20 pm <b>***</b>	17	18	19 12:05 am to 2:05 am *	20	21 4:55 am
22 → 7:30 pm *****	23 8:30 am ——— <b>****</b>	24 ****	25 → 3:20 am *****	26	27 1:00 pm to 9:20 pm <b>***</b>	28
29	30 2:20 am to 7:45 am ****	31				

**Entire Month:** Very stormy weather which will likely hamper travel and plans in general. Erratic energy but generally uplifted emotions.

A good time to accomplish before heading into the New Year.

RedExternalization CycleBlueInternalization Cycle