INSIGHTS APRIL 2017

Dear Friend:

Hi....I'm back! And I'm praying that this time I will STAY back with you. I've felt very strongly for the past few months that I really needed to be writing these newsletters on a regular basis again. So much is happening now!!!

The one thing that we can all be certain about in these times is that we can't be certain about anything. I just keep reminding myself to expect the unexpected. I did do pretty well in that I predicted that Donald Trump would be our new president (although I didn't realize that we were going to go through some really bumpy times as the result of the continuing intensification of discord between opposing groups of people). I failed to see a lot of the specifics, such as the intense emotional upheaval that resulted from our president's attempt to impose a travel ban. All that I can tell you now is that as we move forward, we should continue to be prepared for continued escalation of hostilities.

When I tell you that I am perceiving aspects that would cause something like "continued escalation of hostilities", it's important that you understand that such aspects affect us on all of our different levels of experience. For instance, if there are universal aspects such as this, we will see those aspects manifested in our personal relationships, in our social relationships, in our business dealings, in the greater society, and in the world. So, we can expect through the rest of this year (and continuing into next year) that difficulties in communication will cause

misunderstandings in our personal relationships, even if we're very careful about how we say things. We will see misunderstandings and miscommunication happening in every way that communication occurs in our lives. For instance, I recently called in an order for dog treats for my dogs, and I received a large package of cat treats. When I called and spoke to the girl from whom I've ordered these treats for several years, she swears to me that she thought it was strange that I ordered cat treats this time because she knew I always ordered dog treats.

The crazy thing about this aspect is that most of the time, we don't know whether they heard us wrong or if we said it wrong with no awareness that we had. I think probably all of us will be thinking at various times through this year that we might be developing Alzheimer's, because we'll be told so many times that we said something entirely different than what we know we actually said....OR we'll be told that we never said it at all. And we will be telling the same things to other people, because we will be hearing other people differently as well.

There is a powerful blockage of communication that is happening at this time, and these aspects have just started. I'm not quite sure how long they continue - I do know that they will go into early 2018. I haven't yet charted them beyond that time (but I will). In the larger picture, we will see these aspects manifested throughout the world in events such as public protests and disputes in the media about the truthfulness of various news reports. We will have difficulty with all of the contraptions we use to receive information (such as our computers not working right....our televisions, our radios....we may not receive our newspapers on time or there might be all kinds of difficulties within any and all organizations

that strive to present information to the public). These aspects affect every part of our lives that have anything to do with the giving, receiving, or understanding of information.

The one thing that causes discord more than any other thing is people's inability to clearly understand each other. When we fail to understand another person or groups of people, we tend to distrust each other. So we're going to see an escalation of hostilities and even violence that will become so incredibly intensified that there will be outbreaks of violence between individuals and groups of people, including an escalation of violence between countries. I have told you before that I believe that we were moving into WW III, and events that have happened over the past year and a half have been moving us toward this war. It's very clear to me that now that although it hasn't been pronounced as such, we ARE in the middle of WW III right now, and it is escalating rapidly toward full-on embattlement that will involve just about every country in the world.

As you know if you've been reading my newsletters for awhile, I also am quite certain that this energy is moving us toward a place where many Americans will need to prepare to protect themselves and very likely will find that there are periods of time when it might be difficult to acquire the necessities of life. So I am and have been recommending that we all prepare for potential events such as this.

I feel very certain that human consciousness affects all things in this world. For instance, I know that all physical ailments are first manifested in the emotional

body. A clairvoyant who has the ability to visually see information can see the human aura, and people who can see the human aura can see manifest within the aura field indications of oncoming illness as much as three months before it is experienced in the physical body.

Whether or not you are a visual clairvoyant, all people have the ability to FEEL intensified energy. We all can feel it if we enter a room where two people have been arguing, and all of us are aware that emotional energies have been intensifying over the past several years and is manifest in our communities as increased violence. But the thing that is affecting most of us is that people are emotionally on edge and will become upset about things that ordinarily wouldn't even affect them. Almost all of us feel a bit on edge these days. We don't have to be psychic to KNOW that something is happening - something very big is happening. We may not know what it is, but we can sure feel it.

Everyone knows that the world is embattled because we see evidence of it on our nightly news with the escalation of terrorist attacks, escalation of war, etc., but most people haven't been aware that the incredible increase of tension they've been feeling is the result of this world-wide intensification of human emotional energy. They'll say that they're having panic attacks when they've never had one, that they're feeling depressed, or if they don't personalize events, they'll say that their husband or children are emotionally out of control. One way or another, and possibly in every way, we are going to be subject to the energetic changes that are happening in our world. So as human beings who seek to not only BE in balance, but who seek to LIVE in a state of emotional balance - to stay centered

and solid and to remain Spiritually attuned - living in this time offers us challenges we never imagined we would experience. It's not easy to stay in balance when we are pummeled by these energies, and even though we understand why things are happening as they are, we're still going to experience pain when we feel assaulted by another person's exploding emotions because they're overwhelmed by the erratic energies of this time.

So in this time, it's our Task to stay aware so that we don't get blindsided when emotional explosions occur. When we get hit unaware, we won't like the way we respond. We will find ourselves apologizing to others because even though we said what we felt, we didn't like ourselves because of the manner in which we spoke our feelings. Those souls who strive to live in awareness and in alignment with their Spiritual intent have the responsibility to stay emotionally and Spiritually in balance as much as possible. I'm here to tell you that we will all experience times when to do so is just plain impossible.....but as soon as we regain our equilibrium, we will feel compelled to go to that person and apologize for the way we expressed our feelings, and calmly explain why we felt that way (if we know). If that person is still feeling embattled with us, the best thing to do is to withdraw from them with the intention of returning later to seek resolution. We cannot make another person feel or believe anything other than what they do feel or want to believe. In such a situation, all that we can do is to say to them in a calm, caring manner that we are sad that we reacted as we did and strive to explain why we reacted as we did. We usually will then discover that they thought we said something entirely different than we intended to say, and we very likely will discover during THAT conversation that they were having an

entirely different conversation than we were having....talking about an entirely different subject.

In most cases when we fail to hear each other, we will not be capable of convincing the other person that we were not saying what they thought we said, we were not talking about what they thought we were talking about. They especially can't believe us if they still have a need to be angry with us. This will happen a great deal with parents and adult children. (There are powerful aspects that affect relationships with parents and adult children between February and September of this year.) However, as I said earlier, we will see this phenomenon manifest through every part of our lives. If we are dealing with people who are in very strong reaction to the universal energies of this time, we may not be able to reach resolution. Yet, it is very important that we try.....that we don't just walk away from them without having at least some resolution. If we simply apologize and then go back to them a couple of days later, after the initial sting of the conflict has somewhat dissolved, we can enter into a mutually calm discussion and come to an understanding of each other.

I have found it very helpful to explain to everyone that I deal with that I have lately been having a lot of experiences with misunderstandings. Most often, the other person will then admit that they have also been having such experiences. Then, I find that it is very easy to have a discussion about the fact that it seems that everyone is very tense and on edge these days. By doing this, it really helps to bring our relationship back into a calm and pleasant state of Being.

So those of us who are striving to live our lives in "impeccable Integrity" and in alignment with Spirit will probably discover that feelings can arise in us that we didn't know we were capable of having, and we will probably not like ourselves for having those feelings, because just having them is telling us that we aren't all that perfect, that we haven't evolved to as pure a state as we had hoped. However, this is a time of Challenges - we're all being Spiritually and emotionally challenged (tested, if you will), but it's important that we remember, as I've said many times before: *the lesson is never in the event - it is ALWAYS in our response to the event*.

The month of April is powerfully internalized. For those of you who follow astrology, I have been told that the intensification lines that I draw on the calendars are very often absolutely in sync with certain astrological happenings. I know next to nothing about astrology, and yet I'm happy to hear that this is so. (I love the fact that all of these ways of seeking to understand our deeper selves and to understand the flow of life are all harmonious with each other. Although we're taking different paths toward Understanding, we are all getting the same Truths from different places.)

We began experiencing the building up of energy toward intensification in the last week of March. Those who are very sensitive probably began to experience it in the second week of March. This energy will have the effect of making us want to be alone. We may not want to answer the phone or be around a lot of people. The aspects that affect communication will be intensified during this time because the energy of this internalization cycle also affects communication. We will feel a

bit of a lifting of this energy after May 3rd, when this internalization cycle ends. However, that aspect continues (as I've said) into next year.

The calendar indicates that April 16th and April 25th are not good days to travel. Those dates are also very accident-prone. The news will probably be highlighting some rather dramatic events on those days, because the kind of intensification that we will be experiencing then will cause people to be very over-reactive. It's definitely not a good idea to flip off another driver, because road rage will be rampant. In addition to this energy affecting travel, it also ramps people up emotionally so that those who are already experiencing tension from the universal intensification will be very likely to escalate into violence. So be extra careful, don't take any risks, and certainly don't let yourself get into an argument. If someone challenges you, please walk away!

This intensified energy will cause emotional pain to manifest into the physical body, or what we have been experiencing as a minor ache or pain may suddenly flare up into agonizing pain. It will subside. You're not being a hypochondriac. This is truly magnified energy so that something that we have just been feeling emotionally literally becomes physical discomfort....and that physical discomfort will most likely subside after this extreme internalization. You may feel in the midst of this cycle that you need to go to a doctor. This pain may become so intense that you feel you need to seek help for it, and you may also be told that there is no physical reason for the pain. (I'm not telling you not to seek medical attention, because in these cycles we also do have the experience in which

physical ailments that have been minor escalate so that we have major physiological events.)

Having told you all this, I have to admit that MY brain isn't functioning all that well today either, and I'm being told that I have nothing else of worth to say. AND so, I'll just say have a good month, I hope to talk with you next month.....strive to stay in alignment with Spirit....AND.....

Stay Focused on the Light...

Dixie Yeterian