

INSIGHTS
November, 2012

Dear Friend:

Okay....it's happening....all that I've been warning you about and all that I've been begging you to prepare for is happening...it's BEEN happening, but for the most part, the people who read my newsletters aren't in the areas where "IT" has been happening. I receive very little "fan mail" from South Africa, for instance, or from Libya, or Iran, or Iraq. I have been receiving responses from European countries and have been amazed that even those who live in those countries, where rioting has been happening in the streets, still are asking me questions such as, "When will I find a new boyfriend" or "Is my boyfriend cheating on me?"

I think those ARE important questions because we DO need to assess the depth and quality of our relationships, especially in these times....AND I also feel it is very important for us in these times to expand our awareness so that we won't be blind-sided by the events of the world as they come our way.

The hurricane that is hitting the East Coast as I write this newsletter is a perfect example of what I've been talking to you about. SO many are refusing to believe that "IT" could happen in their comfortable, secure world. And so the next few weeks will be filled with grief as it becomes apparent that so many have been so unaware that they refused to leave their homes that are now underwater, and felt so insulated and isolated from the events of the world that they couldn't see any justification for leaving their cozy nests....even as the authorities were ordering them to evacuate/take precautions. We saw this same attitude in the United States with Katrina....we are seeing this attitude throughout the world as the world evolves into chaos created by those who take

advantage of the complacency of the majority of the population of the world.

Last month's newsletter was focused on the subject of this complacency, and I found it very difficult to decide just how or what to write to you this month, because it seems to me that I have said it all SO many times and in so many different ways that the message should have been heard by now; and yet, when I speak with people as I do most days, I am amazed that those who read my newsletters and who watch the news on their televisions and read it in their newspapers fail to have any realization of what is actually happening in the world today.

SO...for the time being, I'm going to stop talking to you about preparing for what would be considered to be the "greater events" of the world, such as the hurricane that is blasting the northeastern United States with a power that has not been seen for over two hundred years....such as the earthquakes in areas that don't HAVE earthquakes....the chaos and conflict that is rampant throughout the world. We've talked about all this enough, and if people are going to take precautions, if they're going to provide for the survival of themselves and their loved ones through times such as these, they have probably already begun to do so. And if they haven't begun to do so, they probably won't, and I am constantly reminded that it's ALL in purpose and that Spirit does not COMPEL us, but it URGES us to move in the direction that is in alignment with the intent of our Soul.

So I've decided to stop lecturing. Let's see how long I can maintain this resolve (although I have done pretty well with last New Year's Eve resolution...LOL). I just have such a hard time keeping my mouth shut when I know that a storm is approaching and I watch people taking their children to the ocean to watch it coming in. One of the reasons people are compelled to go to the beach to watch the hurricane approach is that they want to feel the

power of IT as the wind begins to whip and everything begins to fly around them....they want to feel totally alive. There's a strange phenomenon that happens, which is the reason that some people chase storms...and that is they become immersed in the power of it and so THEY feel more personally empowered...more alive.

One of the things I learned in my years of working in Law Enforcement (and I've written about it in my books) is that as the potential for death approaches, we lose our fear of it. We may fear the possibility of pain, but we feel charged by the ENERGY of the event, and that energy dissolves any and all fear of death. I can tell you this from personal experience (as most of you know, I was attacked and shot). But if you speak with any person who has been in an automobile accident or who has suffered a close encounter with death, they will always tell you that they were not afraid....that they felt totally detached from the event and were simply filled with a sense of awe as they watched it all unfold.

So we are dealing with the fact that there is more chaos, violence and destruction in the world today than probably ever before at any one time; there are very few places in the world that aren't affected by the events of the world in one way or another. And most people are simply numbed to it. Most people have taken a shot of emotional Novocain and just think those who are strongly urging them to wake up and take precautions are just being overly dramatic and over-reactive.

But the one place that we ARE experiencing all that is happening that the Novocain doesn't numb for us is in our personal relationships. I seriously doubt that there is a person in the world today who is not in the midst of some kind of conflict and probably fear of loss of someone whom they love deeply. The energy of this time is so intense, that even though we can ignore it on the greater scale, we cannot ignore the fact that our lives feel insecure. SO many people are terrified. They're afraid to take a step because

they don't know whether the next step is going to take them over a cliff or land on solid ground. I can and have assured you through all these years that all things have a purpose, and all that is happening WILL bring us through experiences that result in the learning of Peace and Harmony.

For instance, I watched this morning a news program in which they showed many people who had been rescued from the East Coast storm and brought into shelters. They lay on the floor, side by side, strangers of all colors, all faiths, all creeds....holding hands and trying to comfort each other. **There's something about chaos that brings us together, EVEN though chaos is the result of us having separated!** It seems that when we come to a place in the world where we have polarized into belief systems that hold us in bondage – and I mean religious, political, caste systems....any kind of system that has within it rules that separate one man from another, or that tell us one man is better than another - then it's as though we pull together so tightly that the energy of those forces that create the polarization becomes so solidified, so tight, so intensified in the energy of those beliefs that it MUST explode. The explosion happens because their belief systems tell them that every person who is not like them is not worthy of living in this world.

So what's the next step? War....killing....chaos....and that's where we are. And as we as mankind come to this place, then the WORLD comes to this place, and we experience it at its most basic level: everything that IS of life, all that sustains life – earth, air, fire, water – goes out of balance, and we experience events beyond our imagination, as we have been experiencing with such greater intensity in the past decade.

Yes, it's all a part of the Big Picture – it keeps happening over and over and over in the world. In our recorded history, we can go back to the Fall of the Roman Empire, and anthropology and

archeology are bringing us realizations now that it has happened many times before then as well. We just keep doing this over and over again....and....*the Purpose of it is to bring us to the desire to live in Peace, and the ONLY way we can live in Peace is to value each other.*

The teachings of the Master Jesus were the teachings of Love. Prior to His coming the world as a whole did not have a concept of the value of Love. There were some religions that believed the quality of Love was of value, but MOST religions worshipped gods that would bring them power, and they believed they must bring gifts to those gods in order to keep the gods from punishing them. There was such a lack of the realization of the value of Love that they considered it to be an honor to cast their babies into the fire, giving up their babies to the god so that the god might bring them a bountiful harvest. Marriage was not for Love – it was for security or for social standing. It was believed that to Love would be to make yourself vulnerable to another...it would weaken you (just as it was believed in those same times that to bathe would weaken the body).

I guess what I'm doing is taking the long way around to say that we have come to the time when we DO need to be aware of what's happening in the world at large, but mostly we REALLY need to be aware of what's happening in our personal relationships. There's so much anxiety, now...so much fear....so much belief that tomorrow we might awaken having lost everything that is our security....so much dissension in the world. And fear is expressed as anger. Anger is always a cry of pain. And when I say "pain", I don't necessarily mean physical pain. I mostly mean emotional pain – the pain of being disempowered...the pain of losing all that you have that holds meaning to you....the fear of being unable to meet your obligations. To most people, being unable to meet one's obligations brings great shame.

So many, instead of giving themselves a shot of Novocain to ease their fear of what's happening in the world, are instead expressing anger into their personal relationships. ALL of us are being subject to these intensified emotions at this time. Even the kindest Soul will find himself/herself acting out in ways that they may feel ashamed about later....saying cruel or unkind words, becoming unreasonably upset over a matter that ordinarily wouldn't disturb them at all.

We are ALL overly sensitized right now. We ALL are in reaction to the intensity of this time. None of us feel safe. None of us feel a sense of assurance in our lives....*and we must hold TO each other instead of pushing others away with our fears.* Instead of separating/isolating ourselves, we must hold those whom we love close to our hearts. They're afraid, too...just love each other. And when you feel the frustration and the anxiety surface, say it out loud. Say, "I feel really anxious right now." Talk about how you're feeling. If you don't talk about it, you'll act it out in a way that you will regret later, perhaps in a way that could even destroy your most valuable relationships (and I'm including employer/employee relationships here as well – all of us will go through times when we might want to tell our employer just where he/she can shove it).

Usually I say "Speak your truth in the moment." I'm going to tell you now: DON'T speak your truth in the moment. Wait until your angst has passed, then go to the person, sit down and say, "We need to talk," and give every ounce of effort you have within you to remain calm and respectful as you speak with the other person, regardless of their reactions or responses to you. Just keep reminding yourself that THEY are also reacting from fear.

All that is happening is going to continue – it's going to accelerate. We're going to see more violence in the streets throughout the world. We're going to see immense storms and fires such as we

have never seen before through the next two months. Whatever can happen WILL happen, because the world is sooooo intensified. Everything is wrapped up in such a tight, tight ball that is HAS to explode outward, and when it explodes outward, it's going to be amazing. I beg you to hold in your mind's eye the memory of those people lying on the floor of that shelter, holding each others' hands and tending to each others' needs as the threat of death whipped around them and their streets filled with water.

It is LOVE that must come from this. It is HARMONY that must come from this. It is MUTUAL RESPECT that must come from this. That is the intent, and the faster we learn this lesson, the faster we will get through this time of chaos.

So give it a try – when someone is angry, instead of responding with anger, try asking them to just tell you what's wrong, what's upsetting them....and just listen to them. CARE about how they feel. Listening and Caring can heal almost any wound.

Stay focused on the Light,

Dixie Yeterian