INSIGHTS February, 2012

Dear Friend:

I've been telling you for the past year or more that as we moved further into this Transition, we would experience a phenomenon that I call "The Thinning of the Veil". The Thinning of the Veil simply means that the wall that exists between the dimension in which we live and Spiritual dimensions is dissipating so that we are now having more and more psychic or paranormal experiences. All of us are experiencing heightened intuition, and as I discussed in last month's newsletter, "miracles" are happening.

Every day, I receive emails, letters and phone calls from people who are telling me about amazing experiences they have had. Many people in the world are now beginning to experience life as I have always experienced it: seeing and sometimes hearing the voices of loved ones who have passed over....knowing that things are going to happen before they do....seeing amazingly beautiful orbs or Light floating through the air and often in photos....viewing auras surrounding people, animals – even trees....suddenly becoming aware of the smell of a luscious fragrance or a fragrance that reminds us of a person we love (I often smell my mother's perfume and sometimes, the aroma of my father's tobacco pipe). Many are hearing music that sometimes sounds like an Angelic choir, and at other times sounds like a beautiful, soft sweet hum....OR a deep earthy tone. We hear our names called when no one is around.

One of the most common occurrences of late is that things that have long been missing are being miraculously returned to us. Just this past week, a diamond bracelet that was stolen from me many years ago magically appeared in my jewelry box. I didn't own that jewelry box when that bracelet disappeared, and can describe for you every piece of jewelry that it holds. The return of this bracelet is so meaningful to me – it was a gift from someone whom I dearly love.

In the past month, I've had two wonderful occasions of experiencing beautiful and dramatic light shows. On both occasions, I sat and watched the room fill with beautiful sparkling lights that resembled miniature fireworks. It was the most wonderful experience, and as I viewed those lights, I felt surrounded by a warm and comforting sense of being wrapped in a blanket of Love. Both of these occasions happened when I was thinking of my mother, who passed over in 1966. Spirit is striving to make us aware of Its presence in a multitude of ways.

You can bet that we're going to be hearing more such stories because this Thinning of the Veil is happening at a rapid pace. People are now having experiences that they wouldn't have believed possible a year ago. I see a lot less eye rolling these days as I talk about what I see and know.

I am excited by these happenings. To me, this means that humanity as a whole is becoming more refined and people are developing a closer, more personal relationship with Spirit. Their Spirituality is no longer just having faith in what other people tell them that Spirit (God) is. People are coming to know Spirit through a very deep and intimate connection that imbues them with a heightened awareness and a certainty that their lives have purpose and that they are being directed toward their Soul's intent. This kind of relationship with Spirit eliminates fear, for it brings an absolute knowing that all things are intended, that God is not wrathful, vengeful nor jealous, but IS Love beyond description.

I'm a bit saddened that I'm also receiving letters from people who are terrified as they experience these wonderful phenomena. They tell me that they are seeing images of recently deceased loved ones and/or orbs in newly taken photographs. They fear these images – the orbs, the apparitions - and I feel a need to talk with you a bit about such fear.

Yes, there DOES exist in this world a force that is evil. There ARE entities that are evil. (My definition of evil is to have the conscious intention to do harm to another.) There DOES exist a phenomenon that is called possession. I have witnessed possession. I have worked with ministers and priests to exorcise many who have experienced possession. Most of those beings that would be called evil are in fact souls who exist in the astral plane. They have failed to go beyond "into the Light" because they believe in Heaven and Hell and they feel a certainty that if they were to enter the Light, they would go to Hell. I feel quite certain that if Charles Manson were to die today, he would greatly hesitate to enter the Light and would choose to remain in astral form close to the Earth realm and try, whenever possible, to

experience the feeling of being alive through entering into the presence or energy of a living Being. In other words, he might try to possess them.

There also are a multitude of loving souls existing in the astral plane. They are staying to watch over loved ones. Many will stay here until their loved one joins them and they enter the Light together. Don't worry about holding a loved one here with your need of them. There is no time awareness outside of this dimension. A lifetime may seem like an hour, or an hour may seem like a lifetime. It depends upon their desire. However, most loving souls enter into the Light and return frequently to "visit". They can feel and even hear from the Other Side a loved one who remains on Earth, and they may often return to visit or even to warn of an upcoming event.

There is one thing that I want to make ABSOLUTELY CLEAR. In every case of possession that I have witnessed, the evil entity has been invited to enter. Sometimes the invitation isn't conscious, but most often it is. When you use a Ouiji board or practice automatic writing or use a pendulum or participate in a séance, you are asking a discarnate entity to enter your body. You are asking an entity to enter your body to move the pendulum, to move the pencil....you are offering up your body to another Being. It's the same as opening your door to a person you have never met before and simply trusting that they are going to be good.

The evil discarnate entities most often will pretend to be someone you love or someone you would deeply trust – even Jesus or the Virgin Mary....or your beloved Uncle Charlie. It might actually BE your beloved Uncle Charlie, but just because Uncle Charlie is dead doesn't mean that he is now wise. And it is ALWAYS dangerous to invite any Being other than that of Divinity, of Transcended Spirit (Guidance) into your body. Your loved ones will visit, but they would NEVER try to enter or use your body. They will whisper warnings or urge you to move in the right direction. But they NEVER intrude, nor do they force their Will upon you.

In fact, discarnate entities and evil forces have no life force energy. They only have the energy that YOU give to them. I repeat - they do not have life force energy of their own. They come to you, they seek to enter into your body....your energy field....in order to absorb and use your energy so that they might feel alive....so that they might be able to touch and taste and experience the sensations of living. Don't fear them - they try to frighten you so they can absorb your adrenalin-filled fear energy. Stay calm and just tell them to leave.

The most basic of metaphysical tenets is, "Where attention goes, energy *follows.*" The people who are most at risk of being attacked and/or possessed by an evil entity is the person who fears evil more than they love God. Where attention goes, energy follows. If a person gives their attention to the fear of evil, they attract it TO them. By giving their attention to it, they are giving their ENERGY to it – they are inviting it in. Don't invite. Don't fear. If you feel the presence of evil, just strongly command it to leave in the name of Jesus Christ or whatever name your religion has ascribed to God (Buddha, Allah, Yahweh, etc.). Call upon the Spirit of Divinity to banish <u>it</u> and to fill and protect <u>you</u>.

As we move further into this amazing time of Transition, we will be experiencing greater and greater awareness of other dimensions. This means we will experience that which is of Spirit and that which is <u>not</u> of Spirit (which is, in fact, in opposition to Spirit), <u>and the most important</u> <u>thing that we MUST know is that evil has no power unless we give our</u> <u>power to it.</u> It cannot enter us nor our presence unless we invite it, although living in a state of intense or prolonged fear or rage weakens our defenses and sometimes creates an opening through which negative forces can enter.

I've been talking for the past several years about polarization, about how different forces (people who hold different beliefs) are polarizing and gaining power through coming together with common intention. It's a wonderful thing that so many in this time are filling churches and are coming together in groups throughout the world to seek Spiritual union, Spiritual ascension, and to form prayer circles.

At the same time, there are groups who gather to fulfill their yearning for power, and many of them have the mistaken belief that evil will give them power. So they call forth evil and commit acts of abomination in the name of evil in order to be granted power. Evil does not give THEM power – THEY give EVIL power. The intention of the evil forces is to destroy the Being it inhabits, so those who call upon evil to give them power are putting themselves in great peril.

It's important for us to realize that all communication happens in <u>energy</u> before a word is spoken. When you think of another person, they (although

not necessarily consciously) feel your thought. It doesn't matter how much distance there is between you. This is why it happens so often that immediately after you think about a friend, the phone rings and it's that particular friend. You heard/felt the energy of their intent to call you, and so the thought of them came to your mind. OR, you thought of THEM, they felt your thought, and responded to it by calling you.

Our truest response to each other comes not from the words that are spoken but in the energy that is behind the words....the energy that we feel emanating from them to us. A person may speak kind words but emanate irritability or dissatisfaction and you will respond much more to the irritability that you feel than you will to their kind words. In fact, you probably won't <u>believe</u> their kind words. Once was understand this, we then really begin to become more aware of our thoughts and our attitudes.

All of us are going to, from time to time, have an unkind thought. Our minds are not always as kind as the rest of our Beings are....so it's very important for us to gain control over our minds. Our mind was given to us as a servant, and most of us have allowed our minds to become our master. So if you have an unkind or shameful thought, all you have to do is say (aloud or silently), "Cancel that thought." I also like to use the word "Oh". I have ascribed to the word "Oh" the meaning "Cancel that thought". So if <u>another</u> person makes a negative or unkind statement to me or in my presence, I simply say "Oh". By saying "Oh", I have forbidden the unkind energy that they have directed my way to enter into my mind/body system.

We really need to GET the fact that we can and must learn to control our thoughts, AND that attitude is a choice. We attract what we send out. If we send out bitter, angry energy, we will attract bitter and angry people to us. If we emanate kind, harmonious energy, we will attract kind and harmonious people. The old saying "Birds of a feather flock together" is absolutely true. If you are attracting into your life people who are abusive or striving to control you, it is because YOU carry within you self-loathing and believe that you deserve to be controlled and/or abused. When we harbor such feelings/thoughts about ourselves, we also harbor those same feelings/thoughts about others. Whatever is in is, emanates from us.

So as the Veil lifts and we experience our communication more and more completely through thought (in the next dimension, all communication happens through thought/telepathy), words are rapidly becoming more and more insignificant. Any reasonably evolved soul has a very strong, instinctive awareness of and reaction to words that do not express the emotions or energy that precede them.

As I've said, it's our Task now to strive to be in control of our minds, to make the decision and constantly strive to be in Integrity, and to live in Harmony with and offer Respect and Compassion to all who enter our lives. Once we have accomplished this, we will actually be fully evolved and living our lives in full Unity and Harmony with Spirit.

So my message is yes, there DOES exist in this world unkind and even evil forces and people. However, for every "evil" person, I would estimate that there are ten kind, loving, harmonious, compassionate people existing. The Veil is lifting because those who exist in this world are becoming more Spiritually refined, more loving, and more desirous of living in Harmony. And those who seek to increase this refinement of Being are rapidly becoming aware of Beings and energies that exist outside this dimension and are experiencing the awareness and knowledge that would not be available to them if they lacked refinement.

In addition to what is already noted on February's calendar on this site, I wanted to mention that this month, a lot of relationships will be full of conflict. People will separate and even divorce in the intensity of the February externalization cycle, though most of the anger will dissipate after the cycle ends. Just keep that in mind if you happen to find yourself in the middle of an intense fight with your partner – try not to make any decisions from a place of anger and wait until after the cycle lifts to assess where you're at in your relationship.

I also want to urge you to take time to get to know people who enter into your life at this time. Don't automatically give your trust to them (such as giving them your home address or telephone number). In the energy of this time, a lot of emotionally erratic people can become dangerous....so just a note of caution here.

In the midst of all the "bad" we'll be hearing about on our televisions and in our news, just remember....there is SO MUCH GOOD happening in this world of ours, and that's where I urge you to direct your attention – to the GOOD. I am the first one to tell you that it's important to be <u>aware</u> of what is going on in this world of ours so that we can be prepared for all things, but

please....not to the point that you become immersed in the energy of the turmoil that change always brings. More than ever, those of us who seek to know Spirit better MUST keep our eyes focused on all that is beautiful in our world, and let the energy of THAT permeate us so that we can be the "safe harbor" when the emotional storms hit. Strive to see the Beauty in all things, have Compassion for the difficult lessons some have to experience in this time, and offer patience when they just can't see the resolution and answers that are so obvious to you. Remember that anger is a cry of pain....and above all....

Stay focused on the Light,

Dixie Yeterian