

INSIGHTS
November 2011

Dear Friend:

You've heard it said about March - "In like a lion, out like a lamb." I'd like to add a new one to the mix for this particular November: "In like a lion, OUT like a lion," because this month is going to be ferocious in its intensity....and ferocity can be viewed as either "good" or "bad", depending on whether or not you are the one who is feeling ferocious or whether you're the one being affected by the ferocity of another. It can feel empowering or completely disabling!

As I've been telling you through these years about intensification cycles. they magnify whatever emotion you're in when we enter into the cycle. If you're in uplifted, clear and happy energy, THAT is what will be magnified. If you're in low, confused and/or blocked and unhappy energy, you'll experience that to an even greater degree. So work on getting yourself as clear as you can before the externalization cycle arrives on November 10th so that you can sail through the next weeks with ease. (The externalization cycle will continue through Christmas Day). If you enter the cycle in an energy of joyful expectation, it can be a time of excellent accomplishment, high vitality, and an almost euphoric sense of well being....things can and will fall into place for you.

One of the best ways to get yourself "ready" and in alignment with the upcoming externalized energy is to listen to music that makes you feel alive - that compels you to move, even if you're only able to sway in your chair or couch. Another excellent way to harmonize is to be in nature whenever possible, putting your bare feet on Mother Earth and allowing the energy of her to absorb into you from the soles of your feet. It's an amazingly simple way to come into balance with the energy of these times. (If it's too cold to go outside, then stay inside, take off your shoes, and walk around in your socks. This is not quite as effective as direct connection with the Earth, but it will certainly help.) And of course, spend time with friends who make you laugh, or read a book that makes you feel good and/or watch an uplifting movie or television show. And use this time to take action on anything you've been putting off so that your life feels current, with no lingering "have to's" that you've been avoiding (including Christmas shopping - I recommend you have it finished if at all possible by mid-November).

AND, as you can see by the monthly calendar posted on this site, we also have an internalization cycle slated to arrive on November 23rd (ending on December 13th). SO.....try to get any new projects launched before November 23rd (and if you can't, then wait until after December 13th). Get any real estate transactions initiated before that date. Have your important conversations out of the way, though I would urge you to check for any null cycles in advance, because November will be a month of magnified emotions. Even the smallest misunderstanding can blow up into an enormous fight which can have long-lasting repercussions. Do all that you can to stay out of reactive energy, and make an extra effort to call on Spirit during this month to help keep you in balance

with all the crazy energy that will be swirling around!

The broken record in me needs to say, AGAIN, that we'll be seeing even more world upheavals in the form of increased violence, political uprisings, bizarre storms, incredible earth changes, etc., etc., etc. People gathering for common cause and with good intent will suddenly see the energy erupt into violence. And fires....though in the United States, "fire season" is usually over by November 1st, I'm seeing some dramatic explosions and fires beginning now and continuing through the end of April, 2012.

Much that is ordinarily "ugly" will be horrendous in these next months. However, in this time we will also see people gathering together and becoming aware of the significance of their connections and their relationships, holding strong to each other in Love and mutual support. This unifying factor is the most beneficial result of the energies of this time....so I am reminding you that all IS in Purpose. Spirit's Grand Design is to bring mankind to the point where we come to understand that fighting never resolves anything....that hate or resentment only hurts and depletes US....that like a boomerang, vengeance ALWAYS flies back and slams us to the ground.

What I find really wonderful about these times into which we have entered is that the heightened universal energy we are experiencing that causes all the chaos, upheaval, fear, etc....is also powerfully increasing our intuitive sensitivities. ALL of us are feeling more intuitively aware and most of us are having experiences that we have never had before. (Children are even more powerfully affected by this than adults.) Those who are naturally intuitive will be experiencing things that are powerfully intense for them, and even the least intuitive among us will be experiencing an increased awareness.

The phone will ring and we'll know who it is before we answer. We'll be thinking about a friend, there'll be a knock on the door, and guess who? We'll be driving and all of a sudden feel a strong need to slow down, and a deer or a child runs across the road right in front of us. We'll decide "spontaneously" to take a new route home, only to find out later that there was a horrific accident on the road we normally take. Someone mentions they've lost something and we'll know immediately where it is. A close friend might start to speak and you already know what they're going to say and finish their thought before they get more than a few words uttered.

People we've known and loved will appear in our dreams and talk to us...or we'll be sound asleep and all of a sudden, open our eyes in the middle of the night and see what appears to be a stunningly glorious angelic Being hovering nearby, one which we will recognize as supremely Spiritual and beautiful beyond description. We will see sparks or sometimes even balls of Light floating through the air. (These balls of Lights, by the way, will appear in photographs, even though you hadn't seen them when you snapped the photo.) These are, in fact, manifestations of Spirit in this dimension. We will suddenly be filled with an absolute Knowing in us of a Spiritual Truth, completely understanding it but not able to find the words with which to express that Knowing to others....but WE will Know/Understand it with every fiber of our Being. It is this deeper connection with Spirit that fills, directs and protects us in this time.

As I've mentioned before, many of the souls being born into this time - the "children" of this time - are highly evolved and very mature souls who are born with a profound connection to Spirit and an absolute Knowing that their life must benefit humanity. One of the hardest things for them is that they SEE and KNOW things and are then told that they are imagining it, or even lying about the experience. Our children are taught in school that they shouldn't color outside the line....that people don't have green hair, etc., etc. Children aren't given the benefit of the doubt by most people - the child who is coloring outside the lines and seeing green "hair" is really seeing an aura field, and if you've ever seen an aura field, you know NO lines can contain it!

Your child might say to you, "Grandma was talking to me today," even though Grandma passed away a year ago....or they might tell you the family pet who died a week ago crawled into bed to sleep with them....things of that nature. It is VERY important, when your child confides in you that they are having these kinds of experiences, that you be matter of fact about it. Say something like, "Oh, I hope Grandma will come talk to ME soon!", or "How wonderful you got to see Buddy again - I wish I could see him, too!" Don't invalidate your child by telling them that they're just imagining things or lying to you. And certainly don't make a big deal out of it....as I said, just be matter of fact. And above all, don't talk about your child to others within their hearing in such a way that the child would think there was something unusual about them. They'll be experiencing these kinds of things all their lives, and it is YOUR task to help them see this is a natural occurrence and shouldn't be something they feel weird about.

These increased awarenesses are the result of heightened universal energies that are bringing us closer to Spirit, that are "lifting the Veil". Within the next two generations, it will be commonplace for ALL people to have such experiences, and it will just be taken for granted. Unfortunately in this time, there are many religions that teach that such energies must come from "evil", and the fear that comes from such beliefs can greatly confuse and block the experiences of a powerfully gifted child.

The magnified energy of this time will really be bringing experiences that can thrill us or scare the pants off us. Many people will be experiencing a strong sense of foreboding, of doom....a sense that something is going to happen before it happens. You might all of a sudden be worried for a friend and his livelihood, only to discover that he lost his job that day. Or maybe you'll feel a tremendous sense of concern for one of your children and find out that they were involved in a fender bender....I could go on and on here, but you get the picture.

For some of you, these new awarenesses will be natural and exhilarating, and you'll know without doubt that they come from the Light. Others of you may find these experiences to be frightening, especially if you've been raised in an environment that taught you these kinds of events are "evil". There are ways of knowing and ways of establishing qualities of presence in your Being and in your home that would make it impossible to have anything negative enter, which is a good segue into the next paragraphs.

I know I've mentioned it before, but once again I am considering making this a subscription website. I intend to include a blog where people can post their questions, their concerns, their experiences and share them with people who are similarly intuitive (including myself and my staff), who would be there with open ears and eyes and with whom you could communicate. For example, you might have the fairly common experience of feeling your bed shake at night (though your partner can't necessarily feel it), and it might be scary to you. Having a place to come and post your questions and get feedback is one of the things I feel could be of tremendous aid to you.

In this time, people by the millions are automatically experiencing an intuitive opening and don't know how to control those experiences and so are at the mercy of the energies of all that happens to be in their environment. I hope to offer the kind of information on this website - through the teachings and through the blog - that can greatly aid you in this time. I'm also in the process of preparing a CD (available in January) of a technique I teach my students and now want to share with you. It's designed to keep you from absorbing negative energies in your environment so that you can be in the presence of another who may be experiencing a strong (but non-beneficial) emotion without having to experience the same emotion in yourself. This technique helps you bring your mind/body/Spiritual beings into harmony and can protect you from negativity, whether it emanates from the physical world or the astral plane. I believe it is VERY important to teach people how to protect themselves before I teach them to open themselves psychically.

Expanding this site will give me the opportunity to teach you many things that can be helpful to you so YOU can continue to feel this tremendous awakening that is stirring within your Being. In order to expand, I would be required to hire two more employees and rent a larger office space, etc., thus the need for paid subscriptions (which would be reasonably priced for today's economy). Is this something in which you'd like to participate? Because before I take on such an enormous venture and begin to invest time, money and my life force energy, I need to know that there is a true desire for same. I would very much appreciate your taking a moment to let me know whether or not you'd be interested in becoming an active subscriber of this site - please email me at info@dixieyeterian.com if so.

(And by the way - if you HAVE had the experience of feeling your bed shake, that's simply YOUR energy - the acceleration of this energy is immense, and as you sleep, the energy is building and building and building to the point where it can in fact cause your bed to shake.)

Spirit is working in this dimension tirelessly....Spirit is striving to work WITH US in this dimension, and we are having experiences that can thrill us or frighten us. It's our choice how we respond. Just know that if you are having an intense awakening of your intuitive senses, you are being called by Spirit to be of service. It's an honor and a Gift. Be open to Spirit at all times, calling on them to keep you on Path and safely under their Wings....

AND....

Stay focused on the Light....

Dixie Yeterian