

INSIGHTS
February 2011

Dear Friend:

The month of February is a welcome relief after months of intensification! Overall, this is a good time to get out and look for that job, to get new projects started. You'll be feeling more energetic, and after the second week of February, you'll start feeling much more emotionally clear. (Actually, you can feel emotionally clear all through the month if you don't allow yourself to be affected by the fear that is being acted out as rage everywhere – in homes, in communities, in cities and countries. We'll be aware of, as we already are, much evidence of this rage as we see and hear of riots, of explosive behaviors, etc. throughout the world. This aspect that indicates “explosive behavior” is both universal and personal, so in addition to hearing of world events, such as what's going on in Egypt right now, we'll also be experiencing an increase in angry outbursts and escalating violence in our streets and in our homes.)

February is an excellent time to decide what you want and to also connect/reconnect with people. If you've been wanting a new job, you're much more likely to find it by putting the word out to friends and past co-workers that you are job-searching. Current aspects very strongly indicate that much of what we want or need will come to us through past or present relationships.

In this time, ALL sensitivities (physical, emotional, mental) are intensified. For the past several months, I have found myself repeating over and over again to my clients that the intent of our words and the way we strive to be seen and heard by others is often VERY much misinterpreted by others. My jaw frequently hits the floor as I listen to people describe conversations and events that I have witnessed or been told about by others. Their perceptions are sometimes so far distanced from the speaker's intent that I have to wonder if they were even on the same planet during their conversations.

Our perceptive abilities become dulled during this time when the situation/conversation is something that affects US. We can EASILY misinterpret anything anyone says that refers to something important to us; and we can EASILY react with lightning speed, only to end up feeling foolish and ashamed. If it's about OTHERS, we are much more sensitized and aware. (We love being so sensitized to others that we are able to offer clarity to them as we can when we're not invested in the situation. But, when the situation is personal to us, all we can do is try to stay in compassion and pray constantly for Clarity.....AND.... **STRIVE TO SPEAK OUR TRUTHS IN THE MOMENT....IN LOVE.** This lesson is more important to us now than it has EVER been at any time in our lives.)

The energies of this time (and by “this time”, I mean this entire year, but especially during the month of February) are focused into relationships. There is especially strong

focus on relationships between parents and children. Many people come to me because they feel urged to have a baby OR because they are in conflict with the children they have. Many in this time are deeply grieving a child they have lost through death or abandonment. Many come to me because they fear they COULD lose a child who has gone to war or who is choosing a path (such as alcohol/drug addiction or gang membership, etc.) that puts them in harm's way.

When I see these kinds of aspects, they are neither positive nor negative – they just ARE – and I know that people are going to be calling me because they have just met the “love of their life” (for instance) OR they have just decided to divorce the “love of their life”. Or maybe they are experiencing joy and excitement in this time because a “new best friend” has just entered their lives, or because an old wounded relationship returns, giving them the opportunity to heal or find completion. There's no way that I could even begin to describe the number of ways in which these aspects that indicate “intensification of relationships” could be brought into our lives, but I CAN tell you that the purpose of them is to create the opportunity to renew old loves, to heal injured ones, and to learn how to BE in relationship in harmony and mutual respect while also practicing discernment and refusing to aid others in their destructive choices. We must learn to assess and to never condemn others for their life choices. That's what the lessons of this time are all about.

So many in this time are fearful and/or grieving. They're either fearing the loss of love, their home, a job/business, their possessions, their health; OR they're grieving the loss of love, their home, their job/business, their possessions, their health and even the possibility of losing their lives. (The entire year has powerful, powerful aspects magnifying health issues. We all know our bodies. If you have a feeling that there is something wrong in your body and your doctor examines you and says, “Oh, you're alright,” then go for a second opinion. With the aspects as strong as they are now, we cannot take the risk of ignoring ANY warning signals that our bodies are sending us.) We're all in the midst of universal change, bringing us the opportunity to learn to live in impeccable integrity and to trust that all, in fact, IS in Purpose. When we know that all IS in Purpose, we also know that we never really lose anything or anyone....that which WE call “loss” is, in truth, simply change....and that everything that flows out from us eventually flows back to us.

If you were to ask me what you could do that would be the most helpful to you in this time, I would tell you to find a friend with whom you can laugh. I would tell you to play....to be joyful....to uplift your spirits as well as bring joy to others who share your life; and then to move forward toward the accomplishment of whatever goal it is that you have set for yourself in an attitude of joyful expectation.

I would remind you to be in nature as much as possible to help yourself harmonize with the energy of this time, taking long walks or simply sitting by a stream and listening to the music of Spirit as the water flows by. I would encourage you, as I've been doing, to make sure you have extra food, water and medicines on hand, that you're stocked up to handle any extreme weather or earth changes in the event you can't get to a store for a

few months. I would remind you to have time each day with Spirit, allowing the Love and the Wisdom of Spirit to flow into you and through you so that you are working in Partnership with Spirit in every moment.

I want to repeat a story from one of my past newsletters, and that is the story of the man who lives near a river that is beginning to flood. As the water spills over the bank, a fire truck drives past and the driver calls out, “A flood is coming – let me take you to safety.” The man replies, “God will take care of me – I thank you, but I don’t need your help.” Soon the water is surrounding his home, and a boat floats past and the helmsman calls out, “A flood is coming – let me take you to safety.” Again, the man refuses, saying, “God will take care of me – I thank you, but I don’t need your help.” Soon the house is completely flooded and the man is forced to go to the roof of his house. A helicopter hovers overhead, and the pilot calls down, “You’re surrounded by water – no end to this flood – let me take you to safety.” Once again, the man refuses, saying “I trust God to take care of me.” AND of course, the flood eventually sweeps the man away, and as he’s standing before God, he demands to know why it was God didn’t save him. And God replies, “I sent you a fire truck. I sent you a boat. I sent you a helicopter. What more could I have done?”

The point is...for years I’ve been telling you to be prepared for all things, to work in Partnership with Spirit, to TAKE ACTION NOW so that if/when you are affected by the many storms, by the upheavals of our earth – by war or acts of terrorism – you can be eased through this time. Though I most certainly am not claiming to be God (LOL)...I am reminding you “that a flood is coming”. **Don’t wait for God to “save you”. Do all that you can NOW to not only ease whatever discomfort/difficulties could instantly arrive at your doorstep, but to have a clear mind and heart so that you can work in Partnership with Spirit and KNOW when to get on that truck, that boat, that helicopter, should you need to.** I know so many in this time who are procrastinating about “getting ready”, who aren’t allowing themselves the time to meditate or pray and to really BE with Spirit. I am not lecturing by any means. I am simply asking you to ACT NOW and do not put off anything for “tomorrow”. **I cannot stress enough how important this is.**

Our task in this time is to be conscious – to live in the midst of explosions and storms and floods and volcanoes, riots in the street...to prepare ourselves for all things, to counsel our friends who have lost their children, their parents, their friends, their marriages, their homes, their livelihood, their financial security, their beloved pets, their health...to remain strong in Spirit with the knowing that it is our task to be a calm place in the midst of this chaos where people can come to experience peace of mind, a caring heart, and sometimes a helping hand.

As you look at the events of this month, you’ll say, “Well, it’s just more of the same.” And I must say, “Yes, it IS the same...and it is MUCH MORE of the same.” Our task in the midst of this is to strive to hold our connection with Spirit so that we can live in harmony and to really hear others...to see what is needed and offer to it...to CARE. I know that it feels overwhelming to you when I say that it is your task to be of service, to

be of aid to those who don't understand the intent of this time and who are bowled over by it. Many will come to you in tears, and it will be easy for you to become totally overwhelmed and say, "What can I DO for all of these people? How can I help all of them?" If there is something that Spirit calls you to do for them, you will be given the knowledge and the means by which to offer to their need. What you will discover is that in almost all cases, what they truly need from you is to know that SOMEONE in this world CARES about their pain. Your willingness to simply listen to them - to offer compassion to their state of being, to offer a soft heart and a strong arm - in most cases will be all that is necessary to help them get to the place within themselves where they can find their own strength and their own knowing about how to move forward in their lives.

The intensity isn't getting lighter. As a matter of fact, it will continue to build. As I look forward through time, I DO NOT SEE an ending of this universal intensification. What I DO see is humankind coming to a state of being in which they come into balance with this more rapid-paced and more highly-refined energy that our Earth is building toward...in which they find harmony and can flow WITH the intent of this time instead of struggling against it.

Hang on tight to the ones you love, and hang on tight to SPIRIT. The wild ride HAS begun. We're going to be doing a lot of screaming.....AND we're going to be doing a lot of Laughing, too, as long as we remember it's all in Purpose...and as long as we remember to consciously work IN PARTNERSHIP with Spirit. I remind you again: it's not the situation that is important - it is our attitude about the situation. The test is never in the event - it is ALWAYS in our response to the event. So...life is what it is, and now - what will be your attitude about it? If you can honestly answer, "I'm looking forward to a great adventure," then I can offer you a 100% guarantee that you will succeed in your soul's intent.

Stay focused on the Light,

Dixie Yeterian