

April/May 2011  
Insights

Dear Friend:

Wow – here we are approaching the end of the month and I’m finally able to write a newsletter, so...I’m going to be talking about the last few days of April (offering a few comments about what we’ve all just been through - take a look at that April calendar) and the month of May.

I don’t have to tell you that April has been a doozy of a month! Whenever you see the combination of red and blue lines on my calendars posted on this site, you can expect to experience dramatic shifts in energy. The energy represented by the blue line fills us with a need to want to internalize, to be thoughtful, to rest, to yearn for peace. It brings up memories from the past and fills us with deep and/or heightened sensitivities. The red line, which we call the externalization cycle, actually is powerful magnifying energy. It urges us to get up and DO things – to accomplish, to get out and take a strong, fast run at life...to get back in charge. It fills us with a need to want to organize, to clean out closets and drawers, to take care of business, to start new projects, etc., etc., etc. The energy represented by this red line powerfully magnifies whatever emotional or physical state we are in as we enter the (red) externalization cycle. This means that while we are seeing the double line on the calendar, we are being pulled back and forth between sometimes hours, sometimes entire days or even weeks when we feel like we want to accomplish, accomplish, accomplish and are filled with powerful motivating energy, because in THAT time, the externalized energy has taken the driver’s seat in our Beings.

While the externalized (red line) energy is in the driver’s seat, the blue line (internalized energy) is taking a back seat, becoming more and more frustrated because its need for peace, its need for rest, its need to be heard, its sensitivities, its need to feel cared for, the emotional and physical pains caused by feeling the lack of the fulfillment of these needs – all of these needs that the energy of the blue line represents are being repressed, and the more they’re pushed down, the more they build up into an intensity of frustration because they’re being held back (and MAGNIFIED) by the red line. And then, when they build up enough force, they come bursting out of us, magnified a hundred times over by the intensity of that accelerated energy that is represented by the red line.

So, a lot of people during this month have gone through periods of saying, “Oh, my gosh – I feel wonderful! I’m getting so much accomplished!” And then out of the blue, when they least expect it – and often in the most inappropriate situations - they find themselves frustrated and irritated and sometimes even throwing outright screaming, kicking or door-slamming tantrums over issues that may appear to others to be small – even petty. The emotion feels enormously powerful to the person who is experiencing this uncontrollable spewing forth of emotional energy.

Now not everyone has been as extreme with this as I am describing, but I CAN assure you that everyone has felt this to some extent, and many have experienced depth and intensity of emotions to a far greater extent than is typical of them.

These energies shake us up. They shake up the world. They shake up all of the institutions that bring security and stability to this world: the religious, financial, political institutions; and families and social groups. No one is exempt from the powers of these world changing forces. They bring sudden dramatic changes. Whenever we see the combination of the red/blue lines on the calendar, we can expect some kind of major upheaval in the world....whether it be earthquakes/tsunamis, volcanoes, extreme storms, massive floods. And we can expect people throughout the world to be feeling emotionally torn asunder by internal upheaval that can bring many to extreme behaviors. Many will blurt out words that they later regret...saying things that cause jaws to drop at the apparent insensitivity, overt hostility, and just plain outright nastiness of their words. We're seeing this every day on the news, and I have to tell you we're going to be seeing a lot more of it.

This month of April, with these two powerful conflicting energies pulling us and everything in our world in opposing directions like rubber bands that are pulled to their extremes and then snapping back....are just the beginning of a continued escalation of energies that we are experiencing and will continue to experience for the next fifteen years.

The good news about this is that this energy peaks in 2012 and 2013. We all know that the peaking of this energy is bringing the world into a state of chaos – wars, famine, extreme weather, the downfall of once great governmental systems. It is the demolition of the old in order to make room for the NEW....and the NEW is a return to core values - the clear, simple laws of TRUTH....that we must live in a state of inner and outer Harmony and Integrity in order to live in peaceful trust of each other.

After those years (2012 and 2013), even though we continue with accelerated intensification, the aspects for those times tell us that the people of the world will begin to gradually come into balance and harmony with these energies....will cease to struggle against them and begin to flow WITH them....and thereby bring the world into a state of universal harmony, respect for all Beings, and world peace. It will take us a full thirteen years to accomplish that, but at least during those years we will be consciously and intentionally working toward rebuilding our inner Beings, our relationships, our communities, our countries, our world so that we work together in harmonious flow and cease to be embattled.

I've been telling you for quite awhile that the intent of this time is to bring the world out of chaos and into peace. The only way that can be accomplished is for us to give up our prejudices, our fears, and the resulting hostilities....and for us to cease to believe that OUR way is the only "right" way and to begin to actually hear and respect each other, and to consciously and intentionally work in Partnership with Spirit (whatever your

religion or philosophy might be), to elevate the quality of emotional and philosophical awareness in this dimension.

Now...all that I've said is just a long way around saying we are being required by Spirit to become more refined. The energy of this time is lighter, faster-moving. In fact, everyone – every child knows that time is moving faster and faster and faster and faster. The acceleration of this energy is scaring the heck out of most people, especially the very young souls. They just feel crazy with it. They feel out of control, and when we feel out of control, we get angry. And when young souls get angry, they can get pretty violent. I have to admit I consider myself to be a reasonably evolved soul, yet there was a time recently when I could have happily taken a punch at some extremely cruel and abrasive people who were bullying a young woman.

All of us will find our ire raising as these energies continue. The younger souls WILL take a punch at others. In fact, as we move forward, the violence is going to move beyond our imaginations – we just have to be ready for it. I frequently am reminded of the first time my Guidance, Samuel, described “these times” to me back in 1976. When he said that there would be armed gangsters in our streets, neighbors killing neighbors, that there would be wars throughout the world, that there would be storms and upheaval that would break historical records, that the United States of America would come into a time of great travail that would threaten it economically and could even bring about the collapse of this great nation...that speaking of God or spiritual/religious symbols would be illegal within our government buildings and/or schools and would become taboo...I found all of it to be unbelievable. There was no way that I could even begin to imagine those happenings. As I talked with my students about these “messages/predictions” from Samuel, I urged them to take it with a grain of salt because I feared that this information was just coming from some part of my subconscious Being that lived in fear.

So now that it's all happening, even though I was told of it thirty five years ago, I still found it unbelievable that as I sat in my car at the window of a drive-through establishment in my once peaceful beautiful home town...gunshots were fired from a passing car, **and no one even looked to see where they came from.** No one even commented about it. Wow! I asked the young woman at the window about it, and she replied, “Oh? Happens all the time!” The thing that amazes me most is that it has happened so gradually that we've become desensitized to it.

The acceleration of this chaotic energy has polarized people to the extent that most live in fear. That they have come to accept violence as an everyday event so common as to not even be acknowledged...that they buy games for their children in which their children can “virtually” blow off the heads of other people and watch the brains fly out from their bodies...and yet these same children are denied the right to pray or to even say the word “God” in our public institutions, or speak of Spirit at all. Children get suspended from school for wearing a cross or a tee-shirt with a religious symbol on it.

Yes, I didn't believe when I was told that it was going to happen. In the midst of it, I've created this wonderful cocoon life for myself in which I am emotionally and Spiritually

filled by the accomplishment of my Work and surrounded with wonderful, loving, supportive people. I've isolated myself from it. For years, I never watched the news. So when I DID, then, decide to watch the news and discovered that it had become illegal for a child to wear a cross in school or to say a prayer, or for the words "In God We Trust" to be on a public building, I was amazed – I found it unbelievable. I'm not surprised that this immense chaos has moved us into desensitization. That's a typical means of survival. Many of us just shut down when we can't cope. I AM sad that we are, though, intentionally desensitizing our children.

Although my Guidance tells me all is in Purpose, and it has come to my mind that it is a possibility that with the events that are happening in the world today and are accelerating, it may be a good thing that our children will not be horribly traumatized by the view of people suffering....that they would be able to experience such views and be able to continue to move forward and "fight on".

What MUST happen though – what MUST happen – is that we must at the same time, take personal responsibility to be assured our homes are places in which SPIRIT RESIDES....that we and our children are living in an environment in which Spirit is not only recognized and revered, but is called upon to Partner in our lives. We must do this individually. If enough of us do it individually, then – to quote Socrates – "When the man is set aright, then the family is set aright. When the family is set aright, then the community is set aright. When the community is set aright, then the nation is set aright. When the nations are set aright, then the world can come to peace.

We CAN change the world one by one, and we can change it by gathering together in common intent, and by communicating with each other. I'm working right now in putting together a blog which I intend to make available on this website. On that blog I will be offering a subject for discussion each week (sometimes more frequently), and I will be responding to comments or thoughts on the blog that I feel call for input from me. My reason for feeling a need to establish the blog is that almost all the people I meet today tell me they are feeling an immense sense of aloneness. They feel that they are drifting alone in a world in which they can't communicate who they are, in which they can't find people who have common Spiritual and emotional depth or beliefs....that they have no one to talk with when they enter a dark night of the Soul and don't understand what's going on with them. I feel that we need to band together, those of us who strive to live in Spirit. We need to be supportive of each other. We need to communicate, and we need to offer our united energy in prayer and in focus to those in need, such as the people of Japan in this time (and Egypt, and Libya, and Africa).

At this time, just select a place that calls to your Soul and take five seconds at a time to direct prayerful thoughtful energy to that place and those people. ***Where attention goes, energy follows.*** All you have to do is bring yourself emotionally to the quality of energy that you want THEM to receive (loving, caring, desire for healing, peace, etc.), and then call on Spirit (however you pray – I would say, "God, please enter me and aid me to send my Love and my Care to those people who are in need." Just bring yourself to a state of caring and call upon God in whatever way you need to and think of those who are in

need, and your energy WILL go to them and they WILL be benefited by the quality of your caring. If enough of us do this, we can heal the world, for the state of this world IS created by the quality of our thoughts and attitudes.

One of the things that was said most recently to me by my Guidance Samuel was “Working for selfish ends – not caring about others - this alone has brought about the misery in the world today. Great tenderness, great watchfulness, great caring is required of each of you. You can heal this world, for the heart of every man is the Abode of God.”

If we did nothing about it, the energies as they are would shift as of the year 2013; but it doesn't have to be the way it is today. It's this way because we made it this way. All that it would take for it to change is for us to decide to change it! Gandhi is an excellent example. Martin Luther King is an excellent example of how one man can create change in the world. But you're not just one man – there are millions and millions of us, all out here in this world, thinking we are alone or involved with disconnected small groups. It's time for us to connect with each other! I really, really want you to connect with me. If you are an individual or if you are a member of a small group, if you are desiring to live in Spirit and create change in the world through unity in Prayer or Constructive Consciousness, then please email me. I feel powerfully drawn to create a world-wide link in which, if there is a need, we would simply send out a group email and we would ALL, at the same time, offer prayer to that particular need. **WHAT A POWER FOR GOOD WE CAN BE!!!** This needs to be done. I'm hoping that you want to be a part of it.

I'm glad to be able to tell you that the month of May, after the first week, is going to be much, much easier. April 26, 27, 28 and 29 are five-star null cycles. May 1, 2, 3 and 4 are five-star null cycles. And then the 6<sup>th</sup> is a 3-star null cycles. Please, Please, Please – do not plan any important meetings or events on these days. **It's an absolute guarantee that if you have a meeting during a null cycle, whatever is agreed upon will not come to pass.** You can sign a contract to purchase a house – the deal will fall through. Whatever you try to accomplish won't work. So, it's a good time to clean your drawers and closets, to organize, to do work that doesn't require cooperation from others. Just don't try to create or start events, or to launch a new business or a new product line. Advertising is a waste of money during null cycles. You can work on events that have been started earlier, but don't have important meetings about those situations.

It's also not a good time to travel. I won't tell you, “don't travel”, because of course we have jobs to go to and commitments to meet, but please DO know during these null cycles there will be a lot of accidents, **and drive very carefully!** People are just mentally out to lunch. They don't see that car in the next lane before they pull over into it. They don't see that red light. We are less aware and less capable of meeting commitments and responsibilities during null cycles. If I'm teaching a class during a null cycle, I always enter it knowing that people will arrive late, knowing that situations will come up that will throw my original schedule off kilter and that I may actually be

directed by some event of the time or a group need to take my teachings into an entirely different direction than I had originally intended.

You can get through these null cycles really well if you just relax and go with the flow. I like the phrase, “go with the flow.” My Guidance uses the symbology of water and rivers flowing frequently. He says things such as “Most people don’t truly experience their lives because they’re too busy fearfully holding onto the rocks. So Life - the River – passes them by.” He says we need to let go and trust the current to move us toward our Soul’s intended destination. He tells me to remind people that if they fight against Life, the currents will pull them under....but if they relax, the currents will lift them up and they’ll float down that River of Life.

Samuel also asks me to remind people that when a stream flows into a river, or two rivers flow together and then later separate, that they are forever changed by each other....that part of one goes with the other....and they are forever united. And that any person who touches our lives in even the smallest way, no matter how insignificant it may appear, has greatly blessed us and offered something of deep importance to our Beings that will be with us forever. I love the analogies that he uses of the river and of the water as Spiritual essence. I use them constantly in my teachings, so you’ll be hearing them from me a lot.

So I’m telling you now that from April 26<sup>th</sup> through May 6<sup>th</sup>, we’re going to be riding the rapids, and there’ll be some whirlpools in that river. The best thing to do is just relax. Spirit knows where it’s intending to take you, and if you just trust and stop grabbing hold of rocks or trying to swim up current, not trusting in the way life is going, you’ll end up in the place that is best for you, in the place that your Spirit requires you to be for the benefit of your Being, to accomplish the intent of your Soul in this life.

When we get to May 7<sup>th</sup>, the energy lifts, and THIS is a **really** good time to get things accomplished. May 1<sup>st</sup> through 15<sup>th</sup> is a good time for marriage, for signing contracts, for organizing/assessing your life (unless it happens to be a null cycle). You’ll also be finding things that you thought were lost. Things will reappear that you thought were gone forever. That includes people, by the way.

As we enter this time, we also are experiencing (it’s already begun) an amazing increase in psychic/intuitive awareness. We’re knowing what people are thinking and feeling. We can know that someone has a headache because when they walk into a room, OUR head starts to hurt. When they leave, the pain goes with them. We can know if they’re feeling anxious because when they communicate with us in any way, we can feel their emotional energy. We can feel their stress in OUR bodies. We can feel our solar plexus knot up if they are afraid, or we can feel our hearts fill with Love when they are experiencing compassion or joyful companionship. If they’re joyful, we will fill with delight. If they’re sad, even if that sadness is hidden beneath a smile, we’ll feel it in our hearts. And when we feel it, if they’re trying to hide it, we shouldn’t speak of it, but a caring touch and/or a kind word goes a long way towards healing.

Another thing that's happening in this time is that people are having a tremendous amount of awareness coming to them in their dream states. I REALLY recommend that you get yourself a GOOD dream dictionary. The one I like and recommend to my students is Betty Bethards' *The Dream Book: Symbols for Self Understanding*. I like it because it's very similar to the interpretations I teach. Of course I like it – she agrees with me – LOL. One of the dream messages that is most important for you to be aware of now are symbols that mean, “This is an important message.” For instance, if in your dream, you see a newspaper headline, or you're watching television and a newscast comes on...if a telephone rings, if you receive a letter, a telegram, an email (especially if it's marked “urgent”)...any form of receiving a message – even a pony express rider bringing you a letter – the symbol means, **“This dream is an important message – pay attention to it!”** So when you wake up, lay perfectly still (if you move at all, you will lose the dream) and say the dream out loud so it will track on your conscious mind. Then you either record the dream or write it down and get out your dream dictionary.

Also, because “The Veil” is thinning, most of us are having dreams in which deceased beloved friends and family members are visiting with us, or in which we go to the dimension where THEY live and visit with them. We also are having many dreams in which we are being aware of ourselves living in other times or places, knowing that it is us but that we look different or are even a different sex, and having intimate knowledge of our feelings and the experiences of those lives. These are NOT dreams. They are events. We are having Visitations with deceased loved ones. During our sleep, we are crossing over into the next dimension and visiting with them, and being given previews of that place that we will go to when we leave here. We are having Visitations with our Guidance, and even sometimes “sitting in Council” with our Guidance and other Spiritual Beings, discussing our lives and receiving advice. AND, we are having (sometimes fully) conscious awareness of other aspects of our Beings that live in other dimensions and times, and we are being made aware of how those other aspects are “bleeding through” and affecting our emotions and attitudes in this particular time and place.

The Veil IS lifting. The first place we experience that lifting is in our dream states, so pay attention to your dreams. I can tell you personally that nothing important has ever happened to me in this life that I haven't first been told about in dreams. Two days before I was shot, I stood before my class at Alaska Pacific University and told them about and interpreted a dream saying that I would be shot and that I would survive. It wasn't fun to hear that I was going to be shot, but it surely helped to know that I would survive! The dream also told me the purpose of the impending event. If you've read on this website the “About Dixie” link or watched the documentary, you know this story.

May 5<sup>th</sup> and May 20<sup>th</sup>, please don't travel unless absolutely necessary. There are some really difficult aspects during this time, and if you watch the news, you'll see why I don't want you to travel then. If you're thinking of proposing to someone or wanting to move forward in a romantic relationship, May 25<sup>th</sup> and 26<sup>th</sup> are excellent times. We enter into another externalization cycle on the 21<sup>st</sup> of May. Good news – it's a really, really light, wonderful, high energy! There's going to be a lot of emotional intensity in this energy that can cause some over-reactions, and people who are uncomfortable with the

acceleration of the energy can become extreme and a lot of people will feel scattered and find it hard to make important decisions if they let themselves get out of harmony with this energy. So be aware that tempers may flare if there is disharmony. But this energy can also bring forth compassion, pleasure in giving, deep passion, intense love, belly-hurting joy-filled laughter, and a wonderful realization of the depth and value of the loving people in our lives.

The secret to getting into harmony with this energy is simply (and this may sound crazy), put on some fast-paced, uplifting music and get up and dance to it or if you can't dance, sit in your chair and sway to it, and even if you don't think you have a good voice, get alone and sing out loud to it. I personally like Steppenwolf, CCR, or Eric Clapton. I like the old 1960/1970's rock and roll. You find what you like – but make sure it's happy, high-energy music. If you find yourself feeling scattered, overwhelmed, unable to think clearly, then just stop what you're doing, put on that music, and dance to it, sing to it, move to it until you feel yourself filled with it. You'll be amazed at how rapidly your energy shifts and you become filled with joyful energy. And then you will be able to go back to your work and you will be in harmony with this energy and you can FLY. You can think clearly, you can work, and you can get a lot accomplished.

These times aren't easy – no one promised us they would be. But you know, the ultimate intent of the events of this time are soooo amazing that I can't even begin to describe it to you. I KNOW in my Soul that what I see coming for this world that is so wonderful IS true. I know it, because I was told thirty-five years ago that THIS time was coming, and it is happening. So I must then believe that the rest of the story is also true, and the rest of the story after we get through the climax of the drama (which happens in the years 2012 and 2013) will be worth it all. We are moving toward a wonderful new world. Getting there requires some intense struggles. It requires the giving up of old, limiting and destructive beliefs in a wrathful God that embodies all of man's negative characteristics. It requires honesty and acceptance and an opening of ourselves to the true Loving, Harmonious Essence of Spirit. This transition is being very difficult for a lot of people.

But let's join together. Let's join hands. Let's unite the power of our Beings to heal the old wounds, to replace fear and hatred with Love. Let's make it happen faster, and let's use our unified care, love of Spirit, energy, and desire to be of service to Spirit, combine into a powerful force never before seen in this world, directed to the healing and renewing of Spirit and of this world.

**LET'S DO IT!!!!**

Have a wonderful month, and as always, stay focused on the Light....

Dixie Yeterian