INSIGHTS May 2010

Dear Friend:

I've been telling you about my guidance, Samuel, for some time, and as I sat down to prepare my letter to you for this month, it became apparent to me that what I really needed to do is share with you HIS words to me about the intent of the time in which we live. This is the first time that I have shared my communications with Samuel with the public. Only a few of my students have been privy to these communications, although I do frequently quote him and most of my teachings come directly from him. This message actually was given to me several years ago, but I feel that I must share it with you now because it's a message in which Samuel was predicting and explaining the universal intention of the events that we were coming to in this time, as well as explaining our personal intention within them.

I am presently in the process of preparing additions to this website that I'm hoping to make available pretty soon (we're working as fast as we can). These additions will include "Conversations With My Soul", which are messages that have been given to me by Samuel. I feel very strongly that the time has come for me to share the knowledge that Samuel has brought forth to/through me.

I would very much appreciate your feedback. You can offer your response to this in a letter to my website – the address is info@dixieyeterian.com or yeterian@sti.net.

The first thing my students ask every month when they arrive for our workshop is, "What's on the calendar – what's happening this month?" I absolutely intended to share with you the events of this month; however, they're just more of the same: intensification, extreme weather events, increased conflict, incredible flooding, and especially difficult intensification of issues in love relationships. This aspect is extremely serious at this time since so many are intending marriage as they enter into the month of June and could bring many intended weddings to a halt if people let themselves get caught up in the conflicts of this time. The major focus (that has already begun to come in at this time but will continue throughout the rest of this year) is on lessons in judgment and condemnation. All of us will find

ourselves in situations where we discover that we are being judgmental, or where we are suffering the pain of being judged and/or condemned. Spirit is symbolically holding our fingers to the fire until we realize how bad it hurts so that we'll know how badly other people hurt when we hold THEIR fingers to the fire. So if we have been guilty of prejudice, judgment or condemnation, we WILL find ourselves on the receiving end of judgmental and condemning people during this time. I recommend to us all that we get busy working on overcoming these "habits" – and they ARE habits that we usually don't even realize we have. It's important to realize here: when I speak of judgments and condemnations, I'm not just talking about racial prejudices. I'm talking about the times when we say, "Oh, that person is stupid." Or "Doesn't she own a mirror?" When we find ourselves saying or making comments that are condemning or belittling of another person, we are guilty of prejudice, judgment and condemnation. We really need to give effort to overcoming these habits. If we fail to take ourselves to task, Spirit will take us to task.

If you need to start new projects, you should do so after the 11th of May and before the 17th of June. These five weeks are also a good time to have those important conversations that I don't recommend you have prior to the 11th because they're likely to explode in your face. And through all of this, we will continue to be called upon to seek to respond with compassion and caring in some very difficult situations.

And so during the month of May (and always), be certain to Stay focused on the Light.....

Dixie Yeterian

And now....

Let me introduce you to my guidance, Samuel......

When I hear Samuel, he speaks in a Scottish/Irish brogue. I record his messages as I receive them and am offering the message below

to you in <u>his</u> words so that you might gain a clear sense of Samuel's personality.

* * * * *

My girl Dixie did go to a place that is called Disneyland. She did go, ah shouting with joy, riding dowwwwwn and pirates shooting! Aye. Aye. Ah, it was an experience in Time as a life is. When the ride was completed, she came out of it in the same place she did go in. That is your experience as it truly is. That joyous ride was as real as your life is here. Ah, what an experience! And she could find great joy in all that appeared to be great peril, for she knew it was but an illusion of *peril.* In that Earth dimension where you now abide, experiences such as this can bring great healing, for there is nothing - nothing - that heals the body and the mind and the heart such as the joy of an experience. The experience of joy, the experience of delight, the experience of excitement, creates in all of the body chemicals that heal...that uplift. Those of you that go to that experience of that ride - that wild ride through life - with panic, believing it to be truly perilous....crying out to God and to each other, "Oh, what is going to happen next? Oh, I fear...I fear! Oh, oh, OH!!!"".....experience ill health in all parts of your being.

You are in the midst of a Grand Illusion. There exists many different rides in this Earth experience. All of the rides in this time include the appearance of possible peril. You chose them because you wanted to experience the excitement of them. It is your response to the ride that decides the means by which you experience it. You can experience with delight if you trust that it is safe. OR....you can experience it with great panic if you do not trust that it is safe.

How would you trust that it is safe, this ride through life? You can trust that it is safe by looking to all the experience that you know of, in this fuzziness of your memory (for you have but a fuzzy memory in this dimension). But look to it. Aye, in all the experiences of this place, how much harm has it done to you yet? How much of what you call harm has, in fact, been your fear of harm rather than the experience of it....or your interpretation of the event as being bad? That which you fear the most is loss....that you would be deprived of something or someone that brings comfort and ease and delight and joy to your experience. How can you have delight in what you have if you're always fearing that you might lose it? The more you fear the

loss of something (including your own "life" there), the more you fail to find joy in it....to find delight in it.

Now, I say to you: it comes to the time, now, that you truly realize that it is all a Grand Illusion, that you realize more and more that all the persons of this dimension are in experiences different than yours, although they might be in the same place. In that place called Disneyland, there are many rides....all different. Some are light and joyful, some seem fearsome; but are you delighting in the ride, or are you frightened? If you're frightened, you are not trusting. What is it that you must trust? You must look to your own soul, for YOU did create the ride. Would you create harm to yourself? You did create all of it. You did decide upon it. Aye. You wrote it. You wrote the play. You KNOW. You decided on the ending before you came to the beginning. Ah....did you write yourself a drama in this place that you come to that will keep you on the edge of your seat... or did you write one that you could sit back and ah, love the beauty of it? Is it a beautiful dance, or is it a great drama? What did you desire to experience in this time? Some of you are yearning for the drama, but you wrote yourself a dance, so you come to the dance trying to make a drama of it. And some of you created a tragedy, and you've made it into a beautiful dance.

I'm saying to you that in this time as you continue, there is going to be more and more of the experience that you come to that requires you to come to harmony....that requires you to come to Truth. This is a time that you must be prepared for all things, for all things are coming about. The time that you have entered into in that Earth dimension is a time of great transition. In this time into which you have entered, the energies of one become the energies of another (as it is in the dimension in which I abide). The barriers between you are fading, dissipating....the energy is more rapid and although you retain your individual identity, there is no more separation from one to the other. (You call this merging of energies "empathy".)

The intention of this time is the merging of dimensions. The merging of your dimension and the one in which I abide requires that all of your dimension come to Harmony. In order to come to Harmony, you must give up your beliefs in the many lies you've been telling yourselves throughout your experiences in this dimension: the belief that one man is better or more beloved of God than another....the belief that one man's path to God is more right or true than another man's.....the belief that you can truly own or

possess anything of this dimension (for how can you truly own or possess an illusion?)....the belief that God is angry, or jealous, or punishing....the belief that those who look or think different than you are bad or wrong.

As Spirit calls mankind to these tasks, many will feel that they are in the midst of peril. They will fear the changes that must happen in that dimension in order to manifest Harmony: the breakdown of religious structures, of political structures, of social structures....the giving up of old, untrue beliefs. In order to come to Harmony in that dimension, all that is in or of it must come to change. Change is a fearful thing for most of those in your dimension. There are many different and amazing dramas that have been created by those who come to this time in this dimension, all with the intent of coming to Harmony and of becoming Spirit Manifest in this dimension. Many have come to experience upheaval and therefore have entered this dimension in places where there will be fire, famine, drought, flood, or war. Whatever drama you wrote for yourself, whatever exciting ride you've decided upon for this time.....you are not in REAL peril, you understand? You are no longer separate, you understand. Therefore, understand that in this time that you enter to, all manner of things are coming about for the intent of understanding and learning to live in Harmony with each other, and in Unity with Spirit.

There are many in this dimension that do intend to come to these experiences. All who enter this dimension in this time will be affected by the events of this time. You will be affected by your love for those who have chosen to experience the drama of this time....by your concern for them, by your desire to aid them, and by your requirement to offer aid and caring. But do not enter into or believe in the reality of their chaos. You must recognize that they <u>are</u> in chaos, that they <u>are</u> in fear....that they believe their drama is real and they could, as a result, be destructive....you understand? You must listen to us in yourself as we direct you, as we put urgency to you, as we bring knowing to you, for we <u>are</u> of you, speaking in you, to you, in these matters. You are protected by those of our dimension who love and serve you as you come in love to Spirit.

As you learn to live in partnership with Spirit, you can easily, even joyfully, live in the experiences of this time. Those who understand the purpose of the events of this time and remember that it is ALL a Grand Illusion....a great drama....may even delight in the excitement of this wild ride.

I have told you....you must be prepared for all things. As those who require chaos <u>create</u> chaos in this dimension, it will affect you. If there is no food in the market, you will be hungry if you have not heeded my words. This would affect you. Did you desire to be hungry? If you have no desire for hunger, provide....prepare! There are many who come to this time for the experience of <u>great</u> chaos, of <u>great</u> war....of many different intense experiences, all bringing great opportunity for growth....helping them to learn to abide in Harmony. All of the events of this time will affect all who reside in this time, for the entire Earth is in transition....you understand? Although within that place you call Disneyland there exist many different rides, each offering a very different experience.....if all of Disneyland has an earthquake, <u>all</u> the rides will experience the earthquake, you understand me?

There are many who come to this time who did not come to experience the fire. They did come to learn compassion and understanding for those who did come to experience the fire. Many of you came to this time to be of aid. You came for the final learning of the Soul in this dimension....the release of judgments, prejudices and condemnations....and to heal the wounds of the Soul. Healing of the Soul comes not when you forgive yourself for what you are, but when you realize the <u>BEAUTY</u> of all that you are.

I'm saying to you, this: in this time in which you abide, there is war that is escalating that will be bringing many throughout this earth to the experience of war, as the fear of change causes polarization....causes those of different faiths, of different political beliefs, of different race, of different social class - of any and all kinds of differences - to pull together tightly in fear and distrust of all that is different. The structures created by mankind to create security and stability are rapidly crumbling. Religions, governments, social structures - all that is made up of and fosters division - are crumbling. As I did say to you, coming in this time is rebellion of people throughout the world against their governments. Many shall go to war against their unjust governments. I am talking about NOW. It has already begun and is escalating NOW. The energy of this time reveals hidden things. It reveals corruption of those who hold power or who wield great influence. It causes great, great disruption of the economy of this world. In this time comes great storms. In this time comes earthquakes. In this time comes floods. In this time comes great volcanoes. In this time comes droughts. In this time

comes plagues. This is the time of transition, and ALL that is of this dimension is in chaos in reaction to the necessary changes of this time.

In the midst of all that IS in this time, you are called upon to bring yourselves together in Spiritual communion....to speak your Truth, *in love*....to hold tightly the hand of Spirit. Let your Being in this dimension become a channel through which Spirit can flow into this dimension. *Create of your Being a source of Light....a place of Harmony....a place of Safety...a place of Compassion and Understanding.* Some of you will put yourselves into the midst of the places of travail so that you can bring aid and healing to the suffering. Some of you will remain separate from the places of travail that you may become a place of refuge. You each have come to a purpose: to accomplish the enrichment of your own Soul and to aid in the evolution of this dimension. It is a Great Purpose.

Look to the world and what is. It is a pivotal time. Ah, my children, it is the time in your Earth dimension that offers the *most* intensity. From the dimension in which I reside, looking to yours....ah, it is exciting! It is a wild ride - one that offers great excitement! Are you going to look to the storm in the sky and say, "Ah, how beautiful! See the lightning! Hear the thunder! Feel the drama!" Or are you going to say, "Oh, woe, a storm, a storm - HIDE me!" Look to the beauty of it. It *is* great drama. It *is* greatly exciting....and many will be in great fear. Hold to a solid, calm place in Spirit and know that there is true intent.

One other thing....a very important thing: all of this that you call Life is the reaction to experiences that you designed before you entered this dimension. The story is written. The ride has begun.....ah, the fires are going! The cannon balls are splashing in the water all around your boat....some designed to go right past your nose! Aye. Your soul knows what is around the next bend on this ride. It knows. You dream it before you get there. What the soul does not know is how you're going to react to it. The test, the task - for you'll take the same wild ride over and again - is to learn to react to the experience that you create in the Truth of Spirit......desiring, from your Soul, to be in Harmony in yourself and all other beings in God. Then there is no more fear of the ride, for you know that Spirit is at your side. You can Trust. It is all a great drama. It is a great and beautiful drama.