

INSIGHTS
March 2010

Dear Friends:

Those of you who have been following my newsletters for the twenty-five years that I've been writing them know that I have been predicting the events of this time for that many years, striving to help you realize that these changes were coming and to help you to understand that the changes that have been taking place in our world gradually had behind them an immense power that was moving us toward world change. So many things have happened during this twenty five years, but most people failed to connect the dots. They couldn't comprehend the force behind these events, so they simply viewed them as isolated incidents and went on with their lives.

In today's world, there is so much fear, so much anger, so much confusion. The reason for this fear, this anger, this confusion is that while the stormy forces of this time were gathering in power, we (I mean, pretty much all the people of this world) were living our lives, giving our attention to our families, our work....striving to find some comfort and some pleasure, more interested in who was going to win the Academy Awards than in what bill was passing Congress or what power was overtaking some third-world country. Every now and then, as the energy built, there would be an incident that came like a bolt of lightning from the building storm that would shake us up, so that for awhile, we would say, "Oh, my GOD! There's something happening here - I can feel a storm brewing!" But then the storm moved toward us so slowly and built so gradually, at first only occasionally sending out lightning strikes, that it was easy just to become accustomed to it, to actually learn to be kind of comfortable and to live with a certain amount of ease in the building pressure of the coming storm. We could feel it coming. We even discussed it with our friends from time to time, especially after one of those lightning bolts hit and some major event happened. We adapted as the pressure built so that we didn't even give a great deal of attention or thought to the fact that the storm was coming closer, that the lightning bolts were more frequent and more intense. When a massive bolt hit, we were appalled or upset, but then after a few weeks, we forgot about it and went on with our lives. When enormous corruption was revealed within our religious, political or financial structures, we felt angry and betrayed about it, and then the emotion eased and we went on with our lives. When there was civil uprising against oppression in other countries and citizens were massacred, we were outraged and horrified, but then we went on with our lives. When we heard that a dictator had murdered thousands and thousands of his own people, we were enraged and appalled, but then we went on with our own lives. When 9-11 happened, we were filled with grief, horror, and passionate patriotism, but time passed and most of us set it aside and went on with our own lives.

You see, all of these things are part of the intent of this time. As I said, it built so slowly that we just learned to live with it, and we have been living so long, just taking care of ourselves and focusing on survival....building our lives and trying to find some pleasure

and love within them, that we continued to either not pay attention, or to not be able to bring ourselves to really believe that these events could affect US. They affected other people in other places. They were events that we watched on the news as the energy built...a massive earthquake in Mexico, an immense storm that hit New Orleans, a tsunami that wiped out over 200,000 people in Indonesia, the daily revelations in our news of corruption and dishonesty. For as I have explained to you, the energies of these times break down structures built on greed or dishonesty or the hunger for power.

Over the past twenty years, we've watched the gradual erosion of all of the structures that we depend upon for security. I'm talking about our political structures, our religious structures, our educational structures, financial structures, and even our social structures. The reason for the decay of those structures is that they became, for the better part, contaminated by people who ruled with deception, who built structures devoid of compassion or of the life force that comes from Spirit. They began with a great concept in most cases, but then were overtaken and ultimately destroyed by those who would use the power or authority of those structures for their personal gain. But the most damaging of these actions was that they were stripped bare of any mention, thought, or allusion to the Spirit from which they originated. In fact, in many of these structures it became socially unacceptable or even illegal to make any reference to God or to Spirit. These structures had the life force sucked out of them and were left to try to survive while they were being starved, robbed, manipulated, and simply used up by those who controlled through the injection of dark energy born of greed and a lust for power.

When mankind withdraws from his Source, change must happen.

There were people who saw what was happening, who tried to warn, who gathered together in groups, trying to seek out the source of this energy so that they could reveal it or do battle with it. They were, for the better part, dismissed as "nuts" or as fanatical conspiracy theorists. This is the time in which many of those nuts, those conspiracy theorists, will be able to say, "See? I told you so."

People are waking up, now. There is a wonderful thing happening in this time. The Light of Spirit, the Light of Truth, is being shined on this world. We're being filled with realizations and knowings about matters of which we have previously been unaware, such as we have the responsibility to live in integrity, honoring others, while learning to demand respect for our own value. We are becoming more and more aware of the concept of Free Will. People all over the world are really coming to understand that the events that take place in their lives are the result of their actions and attitudes. There is a tremendous longing for Spirit, a deep yearning for Spiritual connection...a growing awareness and a Spiritual and psychic awakening on an unprecedented scale. You see, the energy that brings the storm IS SPIRIT. As this storm has approached, we've been getting the message over and over again that many of the establishments in this world had to change or end, that we could not continue the way we were going.

There's a Grand Awakening happening. That awakening brings awareness of all that IS, but it also gives a real sense of knowing that we created this, and we have the

responsibility to stay in integrity in response to the consequences of that which we created. (You may say, “I didn’t create any of this.” And I will respond, “Yes, you did...by allowing it to happen while you chose to live in an unconscious state.”) So it is a time of claiming personal responsibility, to strive to maintain a wakeful, alert, vigilant state of being, and a sense of urgency – a feeling that something has to happen NOW...a feeling that if we don’t take some kind of action, something IS going to happen now over which we may have no control.

Out of this, throughout the world there are groups of people rising up who are filled with patriotic fervor and/or with spiritual fervor, and the intention of bringing about necessary change to take back the power that has been taken from them by those who control their political, religious, and financial structures, but also from those who strive to wield power over them in their personal lives.

I gave a lot of thought before beginning to write this letter. I’ve been saying these things to you for quite awhile, but I just don’t think I’ve said them strongly enough, because it’s really apparent to me, now, that although I’ve been saying to you, “Be prepared for all things, expect the unexpected, store food and medical supplies, at all times be prepared for any event in which you might have to protect yourself and/or loved ones, an acceleration of energy is bringing change and tearing down structures, strive to live in a constant state of vigilance”, etc., etc.....most people are just now awakening to the realization of the approaching storm. They’re caught off guard by it. They kind of thought it might be happening, but they told themselves it was just a wild idea. So now, they’re being abruptly awakened, feeling as though the earth is shaking beneath their feet, as though they’ve lost all control.

It’s a strange thing about our work in this dimension. We very often have to give up physical and material control in order to gain Spiritual and personal empowerment. The truth is that it’s in the worst of times, the hardest of times, that the best of us comes forth. There are wonderful things happening in the world in this time. It’s kind of confusing for us in that on one hand, we see all that we consider to be secure in our lives crumbling around us, and on the other hand, we see wonderful and new things coming about. We see this wonderful, new awareness that brings an excitement and zest for life. We see the truth being revealed. We see Truth shooting in on a bolt of lightning, shining Light into the dark spaces...revealing dishonesty, immorality, evil intent that have been hidden from us. We feel a connection between our dimension and the next, and awareness flowing freely between those dimensions. In that knowing that is flowing into this time and place, there is a new and enhanced realization of the power of Spirit. There are discoveries that will bring tremendous change to this world to the extent that our children will have the probability of living to be perhaps 150 years old in bodies that are as strong and as healthy at that age as they were when they were 20. Because we are, in fact, coming to the time where there will be the eradication of dis-ease.

I foresee so many wonderful and amazing things in this coming time. Even in this year – 2010 – we will be hearing that they have found cures for diseases such as arthritis and Alzheimer’s, for cancer, for diabetes, for certain types of mental illness, and that they

have come to understand the reason for autism and for Down's Syndrome and the possibility of preventing these birth defects.... that they are discovering ways by which the cripple can walk again, the deaf can hear, the blind can see. We are entering a time in which we will have clear evidence of the intelligence of other species, such as fish, animals and birds. We will, in fact, even learn how many of them communicate and be able to communicate with THEM, for you see – they all DO have their own languages. They all are of Spirit. They all have intelligence. They all have emotions. They all have relationships of deep love or of conflict, just as we do. They all have purpose and intent in their being. We're going to learn to communicate with them. We're going to be able to learn what they know and what they experience and how they feel and what their relationships are, what their lives are about. We are going to learn to have a greater understanding and a true respect and relationship with other species so that we will no longer consider them to be "just fish", "just birds", just mindless emotional beings that happen to be swimming, flitting or running around this world. (This will have a major effect on the meat, fish, and poultry industries, as most people will not be willing to kill and consume beings that they now know have souls and with whom many will have developed deep, strong and loving relationships. It's going to change MY diet, too. Although I don't eat a lot of meat, I'm not entirely a vegetarian.) We will come to realize, truly, that the life force that exists within them has the same value as our own. We will come to realize, in fact, that it is the same Source – it simply exists in another form.

This may sound really far out to you...but consider this. If you were living in 1850 and I told you that we would be flying around the world in twenty hours (or at ALL)...that we would be able to travel by land at 100 mph (if we're speeding)...would you have believed me then? You would have thought that I was some kind of a delusional nutcase.

The things that I see in our future are amazing – we're coming into such a wonderful time. In order to GET to that wonderful time, change has to happen in this world. There are a lot of people who are really angry with the political leadership of their countries. I'm here to tell you that all that is happening is in purpose, that in fact, those people whom they perceive to be leaders are merely puppets, dancing the dance that has been choreographed for them, moving by the power of "greater" forces working behind the scenes with the intention of gaining control and power throughout the world. They will be overcome.

All of this has been predicted by prophets and seers for thousands of years. Yes, in the year 2010 and continuing through the year 2026, we are going to be living through events of enormous proportions. There will be wars fought in our streets and in streets through the world (civil wars and acts of terrorism imposed by those of opposing beliefs). There will be contamination of water supplies and biological warfare. There will be plagues, droughts, unbelievable floods, earthquakes affecting countries throughout the Pacific Rim (these have already started: Japan, Haiti, Chili...and they will continue, with tsunamis following). There will be an escalation of terrorist attacks in the United States and many other countries. This time, especially in the year 2010, you can expect to experience the

eruption of volcanoes and tremendous fires. I am especially concerned about fire in the city of Los Angeles, California.

The most difficult thing for most of us will be the grief that comes from the loss of trust in those people and structures that we trusted to be our security. Out of this loss of trust will come great uprisings....gatherings of people in pain and rage, striving to hold on to what they have and to cast out those whom they perceive to be the destroyers of the lives they have created. The year 2010 is the year in which the masses begin to gather force and rise up in opposition to those whom they perceive to be their betrayers. This world has been experiencing war at all times throughout the history of mankind. However, in THIS time, the embattlement affects the entire world at the same time.

SO.....your question is probably, "What can I do?" We each have our own role in this drama. If I were to advise you, I would urge you to keep reminding yourself that this is ALL in purpose, that it will all have the effect of bringing the world to a better place....of creating a world of peace and harmony and mutual respect. It has the intent of eradicating prejudices and of eliminating the hatred of those who are different or who believe differently. Most of all, we must strive to recognize, to become intimate with, and TRUST in the rightness of all this, in the fact that this IS Spirit at work, bringing us opportunities to challenge ourselves and to discover our own strengths and to learn that all things are possible when we hold strong to our relationship with Spirit...and to allow Spirit to work in partnership with us, rather than trying to do it alone.

We are living at the very end of a corridor of time. The events of this time not only bring endings, but they cleanse, they renew, they enlighten, and they ultimately bring Harmony, Awareness, and Peace. We are creating the ability to live in a world in which there would be no urge to battle and no sense of need to protect ourselves from each other. This may sound idyllic, but it's what I SEE.....and so it's what I must tell you.

We're here in these times, and if we let ourselves, we can be immersed in the dramas....the "tragedies"..... and be swept away by the rage that's building up in so many who are feeling a sense of helplessness and hopelessness, and/or by the fear that is running rampant throughout mankind. Fear does nothing except to immobilize us. It adds to the darkness and confusion so many are experiencing right now. In fact, "coincidentally", I just received an email from a student of mine who sent these quotes from Mark Twain: "**Courage is not the absence of fear, but taking action in the presence of fear.**" And then this one: "**Courage is resistance to fear, mastery of fear, not the absence of fear.**"

I recommend that you do everything possible to stay out of fear: listen to uplifting music, read an inspirational book, watch a funny movie, go dancing (if you don't have a dancing partner, dance with yourself in your living room), laugh with your friends, keep your humor constantly nearby. And most importantly, draw your loved ones close. Wrap each other up in the safety of Love.

On the practical side, discuss the possibility of emergencies and make plans with your loved ones. Know what you would do, where you would meet if separated, etc. Stock up

on food and water supplies, bandages, medicines you need, etc. Keep a full tank of gas in your car and maybe even a little cash. Keep a pair of good walking shoes in the trunk of your car in case an earthquake hits while you're away from home and you have to walk. Work toward having whatever you feel you might need in an emergency situation because even though you might feel distanced from many of the events happening around the world, the changes that are approaching will affect ALL of us – no one will be unaffected by them.

Many people ask me, “Where should I go? What should I do? Where can I hide?” My answer always is that this is NOT the time to hide. We don't run from our destinies. We stand up and live our lives, in integrity and in partnership with Spirit. The purpose of life in this dimension is to live it as completely as possible, have as many experiences as possible, and learn as much as possible from those experiences. AND so, I urge you to live your life to the fullest while at the same time, preparing for the “unexpected”. Above all, BE with Spirit each day, in prayer and/or meditation, andin ALL times....

Stay focused on the Light.....

Dixie Yeterian