

## INSIGHTS June 2010

My gosh – what a challenge the month of May was! Misinterpretations were rampant – did you notice? The denseness of the energy made it extremely impossible to understand each other, and I know most of us felt misunderstood and unheard in our communications. You may have been blasted for simply stating how you were feeling, or been accused of being snide when you were only doing something as benign as making an observation. The lessons right now are about Clarity and Compassion and about learning to realize that communication is not in the words we speak, but in the energy in which we speak them. This lesson is in every kind of relationship we have – in friendships, work relationships, parent/child relationships, love relationships.

I can't tell you how many people I've talked with recently who have either been talking about divorce or quitting their job (in spite of the economy); or who have literally ended a relationship and walked out the door. People are no longer willing to put up with "the crap". They no longer are willing to stay in a relationship and keep dealing with the same things they've been dealing with for a long time and seeing absolutely NO evidence that the situation is EVER going to improve. The energy of this time basically says this is a time to change or end unfulfilling or dishonoring situations – we can't continue the same way we're going if it is detracting from the quality of our Soul's experience. If it is building "negative karma" – if it is causing hostilities, resentments, griefs to build so that we'd have MORE to work out with the same souls in our next lives...when it reaches that point, then Spirit intervenes...and boy, Spirit is intervening amazingly! And as a result, I'm seeing a lot of situations happening, mostly where people are simply saying NO to people who have brought discord into their lives over long periods of time.

As our world moves ever more rapidly toward Change born of Conflict...as the energies of this time intensify, the fear is becoming palpable. That fear is most often expressed as anger. That anger is rapidly accelerating into RAGE. Though we've all been in a time of extremely intensified emotions, the younger souls don't have any understanding of "why" and as a result, are feeling fearful and resentful and that's why we see such polarization of beliefs occurring. It's drawing people into whatever emotion they're in and people are gathering together in groups to be able to support each other, and they're doing so with kind of a war-like energy/attitude. We're seeing younger souls uniting in a militia-type movement. And those who aren't in that particular kind of militia-type gathering are surrounding themselves with people who have the same kind of beliefs that they have. People are gathering together in groups that agree on the same things, and they're getting tighter and tighter and tighter, more locked into their views of "right" and "wrong". It's almost impossible to have a conversation with them, especially if they don't think the same way as you do, or have the same exact beliefs as you do. The minute you start discussing anything that says you might have a belief system that's a little bit different than theirs, they feel that you're attacking them. The minute you start saying to the younger souls, "You know, maybe you could look at it from THIS perspective" (rather

than from the perspective they're looking at), expect to get blasted, because they're just going to tell you you don't know what you're talking about, that you're not walking in their shoes.

I certainly don't want to paint a dark picture, because it's NOT a dark picture – it's just what's happening. It's really a great thing ultimately, and in the short term, it's really wonderful because it gives us the opportunity to live in a constant state of awareness; and by coming to realize that so many of the people in this world are filled with fear, we have the opportunity to develop clarity, discernment, and compassion. AND, when we can be in compassion for the fear (and absolutely, don't listen to the words – don't buy into their fear that is projected as anger), we will be able to deal with people well. I'm talking about all the people we meet out in the world and even within our homes and families....the people that are so locked in right now. If they're younger souls, they have no idea what it's about. They just know that the world feels threatening. They just know that they feel like they're walking on very shaky foundations, that their entire world could fall apart in a second, that everything they've known as security is just falling away from them. And they're RIGHT – it IS falling apart all around them!

This world is coming to dramatic change. Political systems and economic systems and social systems are breaking down. And as my guidance Samuel has been saying for years, ***hidden things will be revealed***. We will begin to be shown what is “behind the curtain”, what our religious and political leaders have kept hidden, the secret things that they've been doing. And as we see those secret things and as they become revealed to us, it's really easy for us to become enraged. It's really easy for us to feel betrayed, lied to, cheated. ***IT'S ALL IN PURPOSE***. It's SO important to stay in balance and in clarity and in alignment with Spirit and not to let ourselves get wrapped up in the events of this time, because we came to be of service to the people who ARE engrossed and wrapped up in the events of this time.

As we look all over the world, political and economic structures are crumbling and will continue to crumble, and as much as we try to bail them out, it isn't going to happen because it is intended at this time to break down the systems, especially systems that have been led by people or groups of people who don't have the intention of the people behind them, who are in it for their own gain. All of that is being changed now. All of that is coming to light/Light. None of that is going to be carried forward. We are going into a world that is in Harmony. We are going into a world in which we won't have the boundaries, we won't have the differences, we won't have a lot of the ideas and the structures that we've created that separate us. I'm not saying we won't have governments. I'm not saying we won't have countries for which we have great love, but we won't feel the need to fight for them, and we won't feel the need to take other people's homes....or their lives. We won't feel the need because those who are moving forward are those who are in Harmony and those who have the desire to live in compassion and in mutual respect. And so this time is really important for us. Yes, we're going to get all wound up in this stuff, but when we catch ourselves at it and say, “Oh, oh....I'm doing it again....”, that's when we need to pull back and go to Guidance, and come into Harmony and balance.

It's all in purpose, and our task is to KNOW that it is. I'm talking about knowing that it is absolutely alright and we can trust that "it" – whatever "it" is – is going to be provided as needed in accordance with our level of Knowing that Spirit is in our lives and in Partnership with us. Samuel says the first moment that we begin to fear is the first moment that we've lost trust in Spirit. I love that. It's really meant a lot to me, because the very first second that I start to feel anxiety or fear arise in me, I have to grab hold of myself and say, "OK, Dixie.....WHO has been given more evidence of Spirit in this world than you? Now get over yourself and c'mon....grab hold of Guidance's hand, call upon Spirit, call upon God, do whatever you need to, **but you get back in alignment!!!**" And we're all going to have to do that with ourselves. We're all going to fall out and we have to climb back up, but we really need to get out of it FAST. We really need to catch ourselves as rapidly as possible when we go into fear and say, "Uh-uh....this isn't in alignment. If I'm in fear, I'm not in trust." Then go meditate. Get back into the presence of Spirit, and you will KNOW that it's going to be OK, and it WILL be OK, whatever "it" is.

Even though the internalization stopped on the 11<sup>th</sup> of May, it continued through the rest of the month because it was extremely intense.....so the emotional intensity was still "humming" in us at the end of May and left many of us completely exhausted from having to deal with the intensified emotions of May. The first weeks of June (through June 17) are an excellent time to be starting new projects and to pull ourselves out of the energy of May, because we're going to be entering some really intensified energy beginning June 18<sup>th</sup>, and we MUST get our energy restored/pulled back together and our attitudes adjusted. Samuel has really been reminding me a lot that attitude is a choice and about the importance of living in a constant state of joyful expectation, because if we live in a state of joyful expectation, then whatever situation we come into, we'll be able to see the humor in it. Even in the middle of a storm, instead of saying, "Oh, my God, it's RAINING," we'll dance in it. We'll know that it's nurturing the world, that it's watering and cleansing. It's a matter of attitude – how do you see it? So if we see ourselves taking a negative approach to something, then we need to back up and ask say, "OK....what's the positive in this. Yes, it's not comfortable in this moment, but is it not comfortable because I think it's bad? Or is it not comfortable because I need to be in discomfort in order to create some change, maybe? What is the purpose in it? What is the intent in it?" Ask ourselves those questions. If we do that, we're living in Spirit.

By working consciously to bring ourselves into being in an energized and aligned-with-Spirit state as we go through the next several weeks – until the 17<sup>th</sup> of June – we will be "ready" for the next extreme intensification. Let me repeat that. **If we use this time to get energized, in alignment with Spirit, and in a state of joyful expectation and we go into the June 18<sup>th</sup> externalization with that energy and that attitude, we can conquer mountains!** If we get into that state by June 18<sup>th</sup>, we will have clairvoyant awakenings, deep Spiritual awarenesses and profound meditations. It's an amazing, wonderful thing when we go into this kind of externalization in a state of joyful expectation and positive energy. And **it's a wonderful time to start new projects**, to start things that will then blossom as we move into the intensification. We can use the energy and get the ideas

together and build them, and then the externalization will send them off flying! We've been shut down, we've been in fear, the world is in chaos, and we're coming into a time that gives us an opportunity to shift gears, and we REALLY need to take advantage of the first 17 days of June to get our energies realigned – it's REALLY important.

We're entering into a humdinger of a time! As we move forward, we will continue to have massive flooding throughout the world, enormous fires...I am seeing a tremendous fire in the LA area in August....more massive earthquakes all along the Pacific Rim, including southern California, Washington and Alaska. We're entering into a time where North America will be experiencing a lot of earth changes. It's just part of this time. We've been seeing it in other places in the world and it's most definitely making the rounds. We're also going into a new war at this time. Samuel has said that mankind has to fight its way into each other's heart, so from that perspective, I can understand the need to go to battle with each other. Look at the countries that we're most friendly with now – Japan, Great Britain, Germany - we've fought great battles with them, and we're now allies. We came to peace with each other, and we still have other countries we need to come to peace with, and we have to work through it at the Soul level. Our current problems with the Middle East are simply karma being worked out. Look what Christianity did to the Muslims centuries ago – we killed in the name of God....and so it's coming around full circle, now, until we can find the peace with those nations that we've found with other nations who used to be our "enemies". Although it looks to us right now as the world is "on fire", Samuel constantly assures me that it's a "controlled burn".....that it is ALL in purpose and that these fires are allowing for "new growth".

We ARE going to come to know that we're all brothers and sisters and of the same Greater Soul....that every man, woman, child in this world is a part of every other man, woman and child in this world. Every bit of life is a part of every other bit of life – we're not separate. We're all One. I love the analogy that Sam gave me back in the 1970's after I had asked him why we all feel so separate and alone. He showed me this great ocean, and coming up out of the ocean were land masses, and you could see beneath the ocean and see that there were gigantic mountains that came up and peaked out of the ocean, and then another one here and another one there. And he said, "Each of these land masses is you. But beneath the ocean, you're all One. That which is rising up out of the water is you incarnate." And that really helped me understand that we ARE all One. We only feel separate and individualized because we're only aware of that part of us that is rising up out of the water.

So, we have the month of June as a wonderful gift. It's the time to really work on keeping out of fear and adjusting our attitudes so that we can be in joyful expectation and out of the heavy, dense energy that May was. My mantra has been "Attitude is a choice. Attitude is a choice. Attitude is a choice." Stop being irritated. Attitude is a choice. Stop being afraid. Attitude is a choice. Look for the positive. Look for the beauty. Look for the good. Look for the humor. Attitude is a choice. We get locked into believing the "drama". We have to STOP believing the drama! The Story was written by US, and we've forgotten the ending. It's building to its climax now, and we're right on

the edge of our seats! It's all moving faster and faster and faster....AND.....***IT'S ALL AN ILLUSION!!!***

Stay focused on the Light....

Dixie Yeterian