

## In It Together

January 2014

Hello, Everyone....Happy 2014!

As I sat in my Silence and pondered what's ahead in this coming year, I realized it was futile to even ponder that question. Not to say I don't want to know what's coming - of course I do so I can physically and emotionally be prepared for anything that might come along to challenge my daily life. But when I tried to get a specific sense of this coming year, I came to the ultimate conclusion that details don't matter so much as how I respond to any given person/situation.

It is my strong belief based on teachings from Dixie/Sam as well as my own time with MY Guidance (Abby) that before we're born, we know which major events we'll be facing and which major players we'll be involved with in each lifetime. After all, we write the Story and then come and star in our own plays. What we don't know is how we'll ultimately respond to each event and each person as we experience them/encounter them, and what our attitudes will be.....**BECAUSE our very response/attitude to any given person or event IS the Test.**

What I take the greatest comfort in is knowing that each of us HAS written our own Story.....that we've set it up so as to allow our Souls to grow and evolve. None of us is the victim of anything or anyone, unless we allow ourselves to be. Whatever is happening in each of our lives is *for a reason*, or it wouldn't BE in our lives. Period. Before we enter each lifetime, we know in advance which souls we will be associated with and what major lessons we'll be learning together. What we won't know is how we'll respond to each other once we are born and what our attitude will be to any given situation.....because when we take on physical form, we forget that the people who present the greatest challenges to us in life are the ones who love us THE most in the Soul. (Dixie has mentioned that gem of truth many, many times - it's another thing that comforts my Soul - to be reminded that those with whom we experience the most conflict are the ones who love us THE most in our Souls; and it is because of their Love that they have agreed to play "the bad guy" for us. I know that can be difficult to believe in light of some of the circumstances we are born into and/or find ourselves in the midst of.....nevertheless, I believe it to be a Truth.)

For me, the entire point of our existence in this earth dimension is to learn to shed our fears and come to the understanding in EVERY cell of our Being that fear has nothing to do with Spirit. It's a man-made emotion that we've created and "worn" through countless, countless lifetimes so that it has become a habit for us. With each lifetime and in each Story we create for ourselves, we set it up so we have the opportunity to challenge our fears and our attitudes until ultimately, we pass THE major Test of this dimension: to respond to every situation, every person, from a place of Love.....**to BE Love.**

I was reminded recently of a movie scene I haven't thought of in awhile that seems perfect to share right now. In the movie (which I came upon halfway through - I never DID see the beginning of it), a young boy and girl were fleeing from "bad guys" who were trying to capture a baby panda bear that THEY (the boy and girl) had somehow saved. As they were running desperately away, carrying the baby panda, they spied a cave entrance and ran into it. They were running as fast as they could when all of a sudden, they both slipped and started falling and falling down what was in essence a huge water slide of rushing water. They were screaming and flailing and trying to hold onto the panda at the same time that they were trying to grab onto something to stop their fall. Down and down and DOWN they were carried in that river of water until all of a sudden, they shot out of the cave in stark terror, certain they were in their final moments and that death was imminent. Unbeknownst to them, there was a beautiful pool of clear water right below them, which they of course splashed into. It took them a minute to understand that they were safe, but once they did, they frolicked and swam and laughed and played and relished the knowing that they were safe.

What struck me as I watched that scene was.....if ONLY they had been able to stay out of fear by knowing THEY had written their Story and all was absolutely in Purpose.....they could have relaxed and enjoyed every single moment of going down that giant water slide in what could only be described as the ride of their lives!!!!

When we forget that we write our own Stories, fear can so easily creep in - of course it can. We're human. I would have been flailing and screaming right along with those kids!!! For me, though, that story is a perfect example of what we're here to learn - ***to enjoy the ride we've made for ourselves as much as we possibly can, and TRUST that it's all going to turn out for our highest Good or it would NOT be in our lives and we would NOT be experiencing it.***

There are days when that is my ongoing chant (*smile*)!!

And so, for me whatever lies ahead in this year isn't the focus. For me, my attitude is the focus, and I'm speaking of even the smallest of matters. If I go out to my car to drive to work and see that I have a flat tire, will I be angry and upset that I've got to deal with that flat tire and the ensuing delay....or will I be grateful that it happened when I was at home instead of on a freeway somewhere? In other words, will I be able to see and appreciate the good in every moment?

Dixie has said on many occasions that there's "no such thing as a small lie" when it comes to older souls. I think the same thing is true when it comes to attitudes. I don't think we can get away with having a "bad" attitude as easily as we once could when we were younger souls....and still expect to pass our Tests. (I'm not saying we don't have our occasional moments when we "blow it" - I'm speaking of our overall outlook in life) As older souls, we have learned how to see the good in people/situations far more easily than we could as younger souls; we're refining our Beings in every single moment as we witness our responses to any given situation or person.

We get to choose our attitudes and subsequent responses.....will we choose attitudes of gratitude or "attitudes of bratitude"? (Sam actually said that once). Will we face our lessons as "victims", or will we realize that WE created whatever it is we're experiencing for the growth of our Being? Will we be able to remember ***there's Purpose in ALL things*** or else we wouldn't be experiencing whatever it is we're experiencing?

May good things find each and every one of us in this New Year.....and may we easily be able to SEE that good!!!!

***Hold Onto Your Spirit.....!!!***

Marty