

In It Together

December 2014

Hello, Everyone....

It's raining gently but steadily outside tonight – California is drinking it up.....and so am I. I was thinking how just a few months ago, we were experiencing fire after fire in our area. As a result, when I drive to work these days, I hit a stretch of road where there are burned and blackened skeleton trees and a chimney or two still standing instead of the homes that used to line the road. Just like that – poof – gone in a raging fire. I've been watching the incredible snow going on in New York in this past week and now they're bracing for flooding (I'm writing this on November 22)...from winter-like weather to spring-like weather in a matter of days – and we're still officially in Fall. I am confirmed in my being that we absolutely do need to have plans in place for when the unexpected occurs, continuing to stock food and essentials (not necessarily in our homes alone – a fire could undue THAT plan in a heartbeat). Every day we see evidence of needing to be prepared for any and all things, to expect the unexpected. I was thinking it'd be a good idea to throw a few cans of tuna in our loved ones' Christmas stockings or better yet, wrap up a case or two of some kind of food or essential and give that as a gift.....because I think it surely would be.

So here we are again – the holiday season – and the recognition of the birth of Christ for many people around the world. As Dixie has mentioned on many occasions and I have repeated on a few, the present time corridor we're in began about two-thousand years ago with the birth of Jesus (and other Masters of that time).....and the lessons of this corridor are designed to get each of us to the place where we understand and can BE the many facets of Love so that by the time we leave this corridor and enter into the next (which is Truth), our judgments have transformed into Compassion and Caring and a true desire to live in Harmony. We've been learning how to trust and respect each other. We've been learning how to give and receive love. We've been learning to live in Harmony and Integrity with each other. We've been learning how to rise to the Frequency of Love so that we can BE Love.

Because this IS the dimension/corridor of Love, there isn't a one of us who shares this planet who doesn't have the capacity to Love.....we wouldn't be in this corridor if that wasn't so. Some of us are fairly new to this dimension, having just graduated from the previous corridor (the lessons of which were about Survival). The “young souls”....the souls who haven't been in this dimension very long but who were Masters of the previous dimension (or they couldn't have Graduated from it), are just setting out to learn the most basic lessons about Love. The “old” souls of this dimension are approaching Graduation and are now experiencing their exit exams and are being tested mightily. What better way to measure Spiritual growth than to live in these times of chaos and incredible change and see how we do with being Love in the midst of the many storms swirling around us, both literally and figuratively.

We don't condemn a kindergartner for his/her inability to understand the curriculum of an 8th grader. We can remember how it was to be a kindergartner and appreciate the lessons we learned at that level.....but we often forget that when we deal with younger souls who inhabit adult bodies. We think they should know better, think differently, behave more appropriately. We look at them in their bodies rather than seeing their Souls. Of COURSE we do – we're human.....but one of the tests in this time is to remember to see that spark of Love that each of us has in common – again, we wouldn't BE in this dimension together if we didn't have that common ability. Granted, there are many souls in our world who haven't yet begun to comprehend the idea of Love and respect and honoring of each other.....but there was a time when WE didn't get it either in our early experiences in this dimension.

I recently saw this Pete Seeger quote: **“It's a very important thing to learn to talk to people who disagree with you.”** I thought it was a very pertinent quote given the polarization of these times. We can all see and feel the divisions that are firmly in place, now, in our current state of black and white thinking on issues (about abortion, gun control, global warming, gay marriage, racism, the war on terror, immigration, government involvement in our lives, Ebola restraints, Obamacare, yada yada). There is a steady building of “sides” with each issue.....we're viewed as either for or against each other based on how we think and feel about each issue. We are no longer one nation but a clearly divided nation, and when we're divided, we fall.....or at least we get reeeeeal wobbly and forget much of what we've learned about Love as we “face off”. We forget to respect each other, to honor each other, to find compassion for another's Path. We forget about finding a means to live in Harmony as we hurl expletives at each other for believing a certain way or for behaving in a certain manner. What golden opportunities we're being given to learn to treat each other with Love, respecting where another is on their individual Path, where each of us is in our planned curriculum for learning about and becoming Love. We get to show off how we've grown, and we get to pinpoint what we still need to work on.

Seeger's quote is perhaps simplistic and “easier said than done”, but it absolutely is something to which we can all aspire, especially in these times of countless disagreements. The beauty of our world is that there ARE many truths....we get to choose which ones ring true for us at the same time that we need to remember our truth isn't necessarily another's and that their truth is absolutely valid for THEM. As I've said before, this polarization is an excellent opportunity for Spiritual growth in that each time one of our buttons is pushed, we have the chance to see another part of us that still needs a little work, that still needs a little more refinement. We get to examine ourselves and see what's behind that button, heal it and let it go. Each time, we clear out a little more fear in us until we slowly but surely transform our core Beings from a place of fear to a place of Love. We're in the process of refining our knee-jerk reactions and/or our long held beliefs and see which of our truths are worthy of carrying into the next dimension, and which ones we need to discard. It's ALL in Purpose or it wouldn't BE.

Along the same lines as learning to talk to people with whom we disagree, I was thinking this is a really great time to work on remembering and practicing the Golden Rule as often as we can, especially when we find ourselves on the brink of falling into strong, reactive energy as the issues of the day continue to push our buttons: **Do unto others as we would want them to do**

unto us. We all want to be heard, to be honored, to be seen as valid and worthy of respect. Keeping the Golden Rule (one of the key teachings about Love that can be found in almost every religion) in the forefront of our thoughts would undoubtedly help us get through these times of extreme polarization with greater ease. We would be sincerely working to hear each other, to offer respect and caring for their opinions/views so that we could begin to hear each other a little better and TALK about the issues with each other rather than fight about them....because the minute we feel disrespected for our views, communication stops. We can't hear each other – the energetic shouting match makes it impossible TO hear each other.

It's especially important in these times to keep our intuition and our awareness of another's state of being ever present. We're not all able to live the Golden Rule, and sometimes we can't even remember its premise as we become immersed in strong reactive energy. A peaceful conversation can all of a sudden go postal, especially for younger souls (and we've ALL been younger souls) who are struggling to hold onto a world that never changes because change is so frightening for them. They're not going to be open to a different way of viewing the world if that view shakes the very foundations of their belief system, so be wise when you enter into a conversation with anyone about a "hot issue" of the day. Hot emotions could easily follow.

I hope your holidays are filled with Love....and more Love.....and even MORE Love.....'tis the Season....Falalalala, lalalaLove.

Hold On To Your Spirit!

Marty

Update on Dixie: Though she IS feeling better overall, her health is still fragile - she came down with some kind of flu and she wasn't able to write her newsletter in November after all. She is greatly hopeful that she'll be able to write the December newsletter and have it posted sometime in the first week of the month. In the meantime, the December calendar IS finished and is posted now.....